

# Numazu Newsletter

No. 277

April 1, 2014

Voluntary Supporters  
Kalamazoo Division NICE

<http://www.city.numazu.shizuoka.jp/>

You can get information about Numazu twice a month on this home page and some hard copies issued by Supportive Volunteers at the Tourist Information Office at the Numazu Station, Palette, the City Library Participation, the City Gymnasium, Speakeasy, the Tap Room, Catholic Church, Kato Gakuen, Chiku Centers and the City Hall.

## Events

### Spring Green Festival

Inquiries: Park and Tree Planning Division,

☎ 055-934-4796

When: Apr. 19(Sat), 20(Sun) 9:30~16:00 (~15:00 on 20<sup>th</sup>)

Where: *Kira Messe* Numazu Multipurpose Hall

Contents: market of gardening, market of local products, lottery, exhibition of *Bonsai*, *Satsuki* (azalea) and flower arrangement

\* **free compost** to the first 100 people on both days:  
10:00, 14:00

\* **free soil for gardening** 1 bag per person, to the first 100 people on both days: 9:30

\* **plant auction**: Apr. 20(Sun) 12:00

\* **Yoseue class** (flowers planted together in a pot)

When: Apr. 19(Sat) 13:30~14:30

Capacity: first 20 people

Fee: 1,000 yen (material)

How to apply: by phone on Apr. 9(Wed)~

Application: Numazu-shi Hana no Kai (10:00~17:00) ☎ 055-962-6596

\* **Classes without appointment**: pressed flower, flower design, *bonsai* for beginners, child woodwork, azalea transplantation and pruning, etc.

Parking lot at *Kira Messe* is free of charge with two tickets that you can get for 500 yen purchase.



❁ **Hana Ippai Week** Apr. 20(Sun) ~ 26(Sat)

Let's make streetscapes full of flowers.

### Observation of Spring Wildflowers

Applications & inquiries: *Shonen Shizen no Ie* (Youth House in Nature)

☎ 055-922-1746

When: Apr. 20(Sun) 9:15 ~ 12:30

Where: *Shonen Shizen no Ie*

Contents: wildflower observation, lunch made of wildflowers

Applicants: Anyone is welcomed. Children under 12 years old should be with guardians.

Capacity: first 40 people

Fee: 500 yen including insurance and lunch ingredients

Things to bring: writing materials, drinks, work gloves, etc.

How to apply: by phone on Apr. 10(Thu) 9:30~



### “Tsukigama” Tea Ceremony at Goyotei

Inquiries: Culture Promotion Division ☎ 055-934-4812

When: Apr. 20(Sun) 10:00~15:00

Where: Imperial Villa Park East Annex *Suisho-tei*

Fee: 700 yen for one time (You need to buy a ticket at the entrance of East Annex on the day)



### Photo Exhibition of Imperial Families of Japan & Holland

Inquiries: Numazu Imperial Villa Park ☎ 055-931-0005

Park & Tree Planning Division ☎ 055-934-4795

Photo of Showa Emperor when he visited Holland

When: Apr. 5(Sat) ~ June 29(Sun) 9:00 ~ 16:30 (admission is until 16:00)

Where: Imperial Villa Park West Annex

Contents: close relationship of imperial families between Japan and Holland, tulip fair

Fees: 400 yen for adult, 200 yen for elementary and junior high students



### Numazu Minato Shinsenkan 5<sup>th</sup> Anniversary Event

Inquiries: Numazu Fish Brokerage Dealer Cooperative ☎ 055-962-2882

Fisheries & Seashore Division ☎ 055-934-4753

When: Apr. 12(Sat) 8:00 ~ 16:00, Apr. 13(Sun) 10:00 ~ 16:00

Where: Numazu Minato Shinsenkan (Numazu Port)

Contents: Minato Asaichi (Apr. 12)

Giving away rice cakes for free (Apr. 12, 9:00 ~)

Arts Live (Apr. 13)

Music concert by Noritaka Iida (afternoon, both days)

A lottery (10:00 ~16:00, both days)

## Port Town Party

Inquiries: Port Town Party Office ☎ 055-962-3700

Tourism and Exchange Division ☎ 055-934-4747

Exhibition of classic cars, Sale of motorcycle parts and clothes, Live music performance

When: Apr. 20(Sun) 10:30 ~ 15:00

Where: Numazu Fish Market

\*See the homepage for further information. <http://www.ratcustoms.jp/>

## **Free Events**

### Will you Sketch Spring?

Inquiries: Numazu Art Association, Mr. Onmori ☎ 055-931-0373

When: Apr. 13 (Sun) 9:40 ~ 14:30

Where: Chuo-koen (the Central Park)

Things to bring: sketching materials

No reservation is required.



### Will you Join the “Tki-iki Taiso” or Vibrant Exercise and Walking?

Applications & Inquiries: Health Life Promotion Club, Kouchi-san ☎ 055-923-1023

When: Apr. 18 (Fri) 10:00 ~ 11:30

Where to meet: Hara community center, parking lot

Contents: Walking & viewing cherry blossoms

\*In the case of rain, exercises are held in Hara community center

Things to bring: sport shoes, drink, towel

Capacity: 30 persons, if too many people apply, there will be a drawing.

How to apply: By phone by Apr. 10 (Thu)



## **Classes and Courses**

### Lifesaving Lecture

Applications & Inquiries: Medical Emergency Training Workstation

☎ 055-921-9999

When: ①Lifesaving class, Apr. 20(Sun) 9:00 ~ 12:00

②Advanced lifesaving class, May 18(Sun) 9:00 ~ 17:00

Where: Medical Emergency Training Work station in Numazu City Hospital

Contents: Cardiopulmonary resuscitation with AED (automated external defibrillator), hemostatic method, etc. (①for adults ②for adults and infants)

Applicants: Junior high school age or older and living in or commuting to Numazu city.

Capacity: About 30 people per class


How to apply: by phone ①by Apr. 17(Thu) ②by May 15(Thu)



## NICE Tai Chi Class and Chinese Class 2014

Application & Inquiries: Numazu Association for International Communication and Exchanges

☎ 055-934-4717

	Tai Chi Class	NICE Chinese Class
When	Every Monday from May 12 to June 9 19:15 ~ 20:45 (5 lessons in total)	Every Wednesday from May 14 to July 30 19:00 ~ 20:30 (12 lessons in total)
Where	Multipurpose room in City Gym	Cultural Center
Contents	Eight -form Tai Chi 	Beginner's Class (for people who have not studied Chinese) Basic Class (for people who have studied Chinese pronunciation)
Capacity	25 people (in order of arrival)	20 people for each class (in order of arrival)
Fee	1,500 yen 1,000 (primary & junior high students)	4,500 yen (You need an extra 1,890 yen for the text book.)
How to apply	Apr. 10(Thu) 8:30 ~ by phone	Apr. 8(Tue) 8:30~ by phone

\*These classes are related to Shizuoka Prefectural College.

### **Information**

#### Night Consultation and Payment of Water Fee

Inquiries: Water Sewage Service Division ☎ 055-934-4853

When: Apr. 22(Tue) by 20:00

Where: Water Service Department Office Building 1F, Water Sewage Service Division

#### Payment Window at Night & Weekend for City Tax and National Health Insurance Premium

Inquiries: Tax Collection Division ☎ 055-934-4730

National Health Insurance Division ☎ 055-934-4727

When: Apr. 15 (Tue) ~ 20:00

Apr. 20 (Sun) 9:00~15:00

Where: City Hall 2F, Tax Collection Division

City Hall 1F, National Health Insurance Division

#### National Traffic Safety Campaign in Spring: Apr.6 (Sun) ~ 15(Tue)

Inquiries: Community Association & Promotion Division (Traffic Control Office) ☎ 055-934-4742

Focus: "Let's prevent children & elderlies from traffic accidents"

Promotion

- To ride a bicycle safely
- To fasten seatbelts and use child safety seats
- No drunken driving
- To prevent pedestrians from meeting with traffic accidents



## **Child Raising**

### **Benefits of the Necessary Medical Equipment and Tools for Children with Specific Chronic Diseases**

Applications & inquiries: Health Promotion Division ☎ 055-951-3480

Followings are required to apply:

- ① People who have been registered as a Numazu citizen
- ② People who have a medical care certificate for specific child chronic diseases (*Shoni Mansei Tokuteishikkan Iryo Jukyusha Sho*)
- ③ People who are diagnosed by a doctor that they can have medical treatment at home
- ④ People who pay for medical equipment and tools, which are not covered by Child Welfare Act or the Act on Support for Self-reliant Living of Persons with disabilities (except for UV cream, cool vests)

Medical equipment and tools available: toilet, special mat, special toilet, special bed, walking support tools, bathing support equipment, special urine bottles, equipment which helps to change the body position, wheelchairs, head protection gear, electrical sputum suction device, cool vests, UV cream

\*We cannot pay for the tools you purchased before the application.

\*After the application, a health nurse visits you and decides the benefits.

\*Please inquire how to apply.

## **Information**

### **Shall We Join an Environmental Beautification Volunteer Project in Numazu Together?**

Inquiries: Citizen and administration Division ☎ 055-934-4807

Numazu City is going to establish the environmental beautification project, which is named “Numazu city *Pika Ouentai*(Numazu environmental beautification detachment).” The city needs your help to keep the city clean. If you are interested in the project, we welcome your participation.

◆ You, the citizens in Numazu, are the leaders!

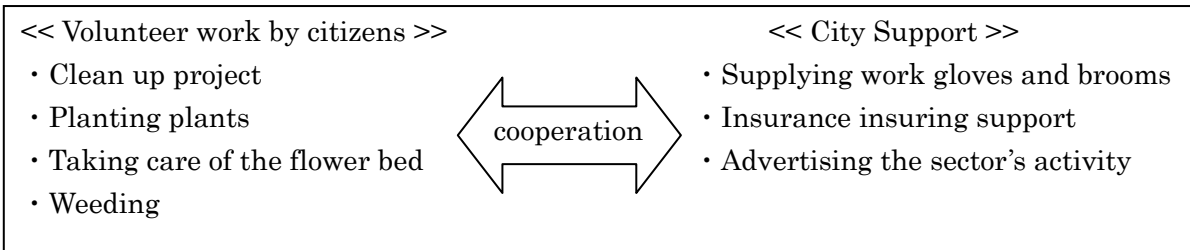
Q: What is “Numazu city *Pika Ouentai*”?

The Numazu city administration is going to promote this town beautification project with civic collaboration. The city supports the organization or groups that promote town beautification.



Q: What volunteer activity does the city support?

The city supplies work gloves, brooms and supports the volunteers to get insurance coverage. This kind of cooperation project between the government and private sector has spread over the country these days.



How do you participate in the project?

- ◆ To whom?
  - Groups or organizations that have more than three members, who live, work or attend school
  - The groups or organizations that do the city beautification volunteer work more than twice a year



- ◆ What activity?
  - Cleaning up the city environment
  - Weeding, planting trees and taking care of the flower beds

- ◆ Where do the volunteers do the volunteer work?
  - At the public place where Numazu city has administered as follows;

Where	The administration in charge
Parks (Ashitaka park etc.)	Green tract land division
Streets and Stations (Rotary at Numazu station)	Operation and maintenance division
Public institutions around Numazu port (Osezaki etc.)	Marine and seaside management division
Protected forest (Kanuki mountain etc.)	Agriculture and forestry division

- ◆ City supports
  - Supplying work gloves and brooms
  - Volunteers' getting insurance coverage
  - Advertising the sector's activity



- ◆ Inquire

If your group or organization wants to participate in the project, please inquire with Citizen and administration division (2F at the city hall) or each division above.

## Feature

### The Introduction Numazu's 100 Treasure Troves No. 26 Kanogawa Flood Control Channel



Passing along Route 414, you can see a flood control channel with three big tunnels around *Kuchino*.

This is *Kanogawa* Flood Control Channel.

The Kano River had repeated disastrous floods because of the narrow width and rapid stream of the river. In order to decrease the flow of the river, an artificial water course was designed. According to the plan, at first the river was to be separated at *Mama no ue* in *Izu no Kuni* City and 3 kilometers artificial water course which flows into *Enoura* Bay.

After clearing various hardships, they started the construction in 1951, which was peoples' long cherished dream. Unfortunately *Kanogawa* Typhoon hit the *Izu* Peninsular in 1958 and this area suffered terrible floods. The original plan with two tunnels was changed into 3 tunnels so that the flood control channel could cope with a powerful typhoon. The construction was completed in 1965.

Now water is discharged when it comes to heavy rain or typhoons to protect our lives safely.

<Kanogawa Water Control Channel while discharging>



In heavy rain or typhoons the gate of movable dam is opened and can discharge the water of the maximum 2,000  $\text{m}^3/\text{second}$ .

< The sight of *Hiramachi* when the *Kanogawa* Typhoon hit (1958) >



It rained 700 mm all the night through. 270 houses were flooded above the floor and 810 houses were flooded below the floor.



## Participants in Training, Sports or Physical Fitness Classes (May~July)

Applicants: Physical fitness classes=People living in Numazu City

Training classes= People living in or around the area where the class takes place

How to apply: Send *ofuku-hagaki* (a postpaid postcard) with the following items written on it to the address below. ☞ The due date of applications: Apr. 14 (Mon)

\*If you send us the application by mail, it must reach us by Apr. 14.

\*On the card: ①Site ②Class you want to participate in ③Your name(with *furigana*), birth date, sex and age (If you participate with your child, write the child's name and birth date, sex and age, too.) ④Address ⑤Phone number

\*On the return card: Your address, zip code and name

\*Address: City Gymnasium *Shido Kakari* 1-4 Takashima Hon-cho, Numazu-shi 〒410-0055

☞ One class per postcard

☞ If your children take part in the ※marked class, write their names on a postcard.



☞ If you want to participate in the ☆★◎●marked classes, you can apply for one class each mark.

☞ In “Fureai Gymnastics classes in Physical Fitness Classes in Each Community,” participants can apply for one class in each area.

☞ You can join only Father(Parent) and Child class accompanied with your child under school age.

☞ In case of too many applicants, there will be a drawing. The results of a drawing and notice of decision will be sent around Apr. 18(Fri) by a return card.

Applications and Inquiries: Sports Promotion Division (in the City Gymnasium) ☎ 055-922-7200

### 1. Physical Fitness Classes

Numazu City Gymnasium		[Address:1-4 Takashima Hon-cho]					
Class	Period	Day	Time	Capacity (people)	Fee (yen)	Applicant	Contents
Father & Child (※)	5/17~ 7/19	Sat.	10:00~ 11:00	30 (pairs)	2,700 per pair	Child born between Apr. 2, 2008 and Apr. 1, 2011, and Father or Mother	Parent and child enjoying gymnastics & rhythmical exercises
3-year-old Course (※) (A/B Course)	5/15~ 7/17	Thu.	A: 9:30~ 10:30	100 (pairs)		Child who was born between Apr. 2, 2011 and Apr. 1, 2012, and Parent	
			B:11:00~ ~12:00	100 (pairs)			
4,5,6-year-old Course (※)	5/13~ 7/15	Tue.	15:30~ 16:30	80 (pairs)	Child who was born between Apr. 2, 2008 and Apr. 1, 2011, and Parent		
Elementary School kids Gymnastics (※)	5/16~ 7/18	Fri.	17:00~ 18:00	30	2,000	1 <sup>st</sup> &2 <sup>nd</sup> graders who are not good at sports	Running, trampoline

Senior sports	5/15~ 7/17	Thu.	19:00~ 20:30	30	3,200	Men over 30 years old	Indoor sports (soft volleyball etc.)
Female Gymnastics (Mon./ Tue./ Fri. Course)	5/12~ 7/14	Mon.	10:00~ 11:30	50	2,430	Women over 18 years old	Stretching, aerobics
	5/13~ 7/15	Tue.	10:00~ 11:30	150	2,700		
	5/16~ 7/18	Fri.	19:00~ 20:30	100	3,200		
Body Balance(☆)	5/14~ 7/16	Wed.	14:30~ 15:45	40	2,700	People over 18 years old	Muscle power strengthening, balance training
Prevention of knee pain (☆)	5/15~ 7/17	Thu.	13:30~ 15:00	40	2,700	People over 50 years old who can do exercise	Exercises for relieving knee pain
Strengthen legs	5/14~ 7/16	Wed.	13:00~ 14:15	40	2,700	People over 60 years old	Walking, balance training
Healthy gymnastics	5/13~ 7/15	Tue.	13:30~ 15:00	100	2,700	People over 60 years old	Stretching, Recreation games
<b>Indoor Swimming Pool</b> [Address: 2416-1 Kami-kanuki Ninohora]							
Parent and Child	5/13~ 7/15	Tue.	10:00~ 11:00	30 (pairs)	4,200 per pair	Child who was born between Apr. 2, 2011 and Apr. 1, 2012, and Parent	Emotional comm. between mother and child through skin contact in a pool
Preschool kids Swimming	5/12~ 7/14	Mon.	15:30~ 16:30	30	3,200	Child who was born between Apr. 2, 2008 and Apr. 1, 2011	From playing to exercises in a pool
Elementary school kids (※)(★) (Tue. / Thu. Course)	5/13~ 7/15	Tue.	16:00~ 17:00	40	3,200	Kids who can't swim 25 m crawl	Learning the crawl
	5/8~ 7/10	Thu.	16:00~ 17:00	40	3,200		
Aqua walking(◎) (Mon. / Tue. Course)	5/12~ 7/14	Mon.	9:45~ 10:55	60	4,200	Women over 18 years old	Walking and exercises in a pool

	5/13~ 7/15	Tue.	9:45~ 10:55	30	4,200	Women over 18 years old	Exercises in a pool for preventing knee pain
◎Aquabics (Aerobics in a pool)	5/12~ 7/14	Mon.	11:00~ 12:10	60	4,200	Women over 18 years old	Aerobics dance in a pool
◎ Healthy swimming	5/12~ 7/14	Mon.	13:30~ 14:40	60	4,200	People over 50 years old	Crawl, Backstroke
<b>The Center for Working Youth</b> [Address: 15-1 Miyuki-cho]							
Female gymnastics (Wed./ Thu. Course)	5/14~ 7/16	Wed.	10:00~ 11:30	120	2,700	Women over 18 years old	Aerobics, Stretching
	5/15~ 7/17	Thu.	10:00~ 11:30	120			
Healthy gymnastics	5/15~ 7/17	Thu.	13:30~ 15:00	120	2,700	People over 60 years old	Recreation, Stretching
Body Balance(☆)	5/13~ 7/22	Tue.	19:00~ 20:30	20	2,700	People over 18 years old	Muscle power strengthening, balance training
<b>Heda B&amp;G Community Sports Center</b> [Address: 2053 Heda]							
Preschool kids Gymnastics (※)	4/30~ 7/9	Wed.	14:30~ 15:20	20	2,200	Child who was born between Apr. 2, 2008 and Apr. 1, 2011	Playing using balls or hoops
Preschool kids Swimming (※)	5/9~ 7/11	Tue. Fri.	15:00~ 16:00	30	4,800	Child who was born between Apr. 2, 2008 and Apr. 1, 2010	From playing to exercises in a pool

## 2. Physical Fitness Classes in Each Community

Class	Period	Day	Time	Capacity (people)	Fee (yen)	Applicant	Contents
<b>Hara Area: Hara Chiku Center</b> [Address: 1200-3 Hara]							
Parent & 3 years old child (※)	5/8~ 7/10	Thu.	10:45~ 11:45	30 (pairs)	2,700 per pair	Child who was born between Apr. 2, 2011 and Apr. 1, 2012 and Parent	Parent and child enjoying gymnastics & rhythmical exercises
4,5,6 year-old Course (※)	5/14~ 7/16	Wed.	15:30~ 16:30	30 (pairs)		Child who was born between Apr. 2, 2008 and Apr. 1, 2011 and Parent	

● Female gymnastics A	5/13~ 7/8	Tue.	9:30 ~10:40	45	1,540	Women over 18 years old	Aerobics, Stretching
● Female gymnastics B			10:50 ~12:00	45			
Fureai Gymnastics (Wed. Course)	5/14~ 7/16	Wed.	13:30 ~15:00	80	2,200	People over 60 years old	Recreation games, Stretching
Fureai Gymnastics (Thu. Course)			Thu.	13:30 ~15:00			
<b>Ohira Area: Ohira Chiku Center</b> [Address: 2197-1 Ohira]							
Fureai Gymnastics (A Course)	5/14~ 7/16	Wed.	13:00 ~14:15	30	2,200	People over 60 years old	Recreation games, Stretching
Fureai Gymnastics (B Course)			14:30 ~15:45	30			
Male gymnastics	5/9~ 7/11	Fri.	10:00~ 11:30	20	2,200	Men over 50 years old	Muscle power strengthening, stretching, lecture about diet
<b>Shizuura Area: Shizuura Chiku Center</b> [Address: 34 Shishihama]							
Fureai Gymnastics	5/9~ 7/18	Fri.	13:30 ~15:00	40	2,200	People over 60 years old	Recreation games, Stretching
<b>Ukishima Area: Ukishima Chiku Center</b> [Address: 375-1 Hiranuma]							
Fureai Gymnastics	5/13~ 7/15	Tue.	13:30 ~15:00	40	2,200	People over 60 years old	Recreation games, Stretching
<b>Heda Area: Heda B&amp;G Community Sports Center</b> [Address: 2053 Heda]							
Fureai Gymnastics	5/8~ 7/10	Thu.	13:30 ~15:00	50	2,200	People over 60 years old	Recreation games, Stretching
<b>Ashitaka Area: Ashitaka Chiku Center</b> [Address: 358-1 Higashibara]							
Fureai Gymnastics	5/8~ 7/10	Thu.	13:30 ~15:00	40	2,200	People over 60 years old	Recreation games, Stretching

<b>Daisan Area: Daisan Chiku Center</b> [Address: 750-4 Shimokanuki Yanagihara]							
Fureai Gymnastics (Wed. / Thu. Course)	5/14~ 7/16	Wed.	13:30 ~15:00	40	2,200	People over 60 years old	Recreation games, Stretching
	5/8~ 7/10	Thu.	13:30 ~15:00	40			
<b>Katahama Area: Katahama Chiku Center</b> [Address: 46-1 Ozuwa]							
Male Health Promotion	5/8~ 7/10	Thu.	10:00 ~11:30	20	2,200	Men over 50 years old	Muscle power strengthening, stretching, lecture about diet
<b>Daigo Area: Daigo Chiku Center</b> [Address: 15-1 Satsuki-cho]							
<i>Karada -zukuri</i>	5/8~ 7/10	Thu.	10:00 ~11:30	40	2,200	People between 18 and 59 years old	Muscle power strengthening, stretching
<b>Kadoike Area: Kadoike Chiku Center</b> [Address: 788-7 Okaisshiki]							
<i>Karada -dukuri</i>	5/14~ 7/23	Wed.	10:00 ~11:30	40	2,200	People between 18 and 59 years old	Muscle power strengthening, stretching
Fureai Gymnastics	5/9~ 7/11	Fri.	13:30 ~15:00	40	2,200	People over 60 years old	Recreation games, Stretching



### 3. Sports Classes

Applicants = People living in or commuting to Numazu City



How to apply: Come to the designated place directly with the admission fee on the application day.

☞ Applications by phone are not accepted.

\*The classes with ※ mark: In case of a lot of applicants, there will be a drawing.

Inquiries: NPO Numazu-shi *Taiiku Kyokai* (in City Gym) ☎ 055-922-7200

Numazu City Gymnasium [Address: 1-4 Takashima Hon-cho]								
Class	Period	Day	Time	Capacity (people)	Fee (yen)	Applicant	Contents	Application day
Junior rhythmic gymnastics	5/12~ 7/14	Mon.	17:00 ~18:30	50	4,800	6-year-old~ 2 <sup>nd</sup> grade school girls	Basic skills, rules, manners, rhythmic exercises	4/14 (Mon) 17:30
			17:30 ~19:00	30		3 <sup>rd</sup> -6 <sup>th</sup> grade school girls		
<i>Iaido</i>	5/13~ 7/15	Tue.	19:00 ~20:30	20	3,000	Junior high school students and older	Basic <i>Iaido</i> skills, manners and rules	4/17 (Thu) 19:00
<i>Judo</i> (twice a week)	5/9~ 7/15	Tue. Fri.	18:00 ~19:30	50	5,000	5 yrs. old – junior high school students	Basic <i>Judo</i> technique, manners and rules	4/15 (Tue) 19:00
<i>Kyudo</i> for beginners (twice a week)	5/9~ 7/15	Tue. Fri.	18:30 ~ 20:30	20	5,000	Junior high school students and older (beginners only)	Basic <i>Kyudo</i> technique, manners and rules	4/15 (Tue) 18:30
※Soft tennis	5/7 ~ 7/9	Wed.	17:00 ~18:30	20	2,000	3 <sup>rd</sup> -6 <sup>th</sup> grade school children	Basic skills, manners, rules and games	4/16 (Wed) 17:30~ 18:00
			18:30 ~20:30	30	3,500	Junior high school students and older		4/16 (Wed) 18:30~ 19:00

Table Tennis 	5/8~ 7/10	Thu.	18:00 ~19:00	25	2,000	Elementary & Junior high school students	Basic skills, manners, rules and games	4/17 (Thu) 17:30~ 18:00
			19:10 ~20:40	20	3,500	Senior high school students and older (beginners only)		4/17 (Thu) 19:00
Badminton for beginners	5/8 ~ 7/10	Thu.	19:00 ~ 20:30	30	4,000	People over high school age (beginners only)	Basic skills, manners, rules and games	4/17 (Thu) 19:00
<i>Kendo</i> (twice a week) 	5/8~ 7/17	Thu.	18:30 ~19:30	50	5,000	Elementary school children and older	Basic Kendo skills, manners and rules	4/17 (Thu) 19:00
		Sat.	18:00 ~19:00					
Ladies badminton	5/9~ 7/11	Fri.	10:00 ~ 12:00	35	3,000	Female beginners	Basic skills, manners, rules and games	4/18(Fri) 10:00
Tennis (※)	5/9~ 7/11	Fri.	18:30 ~20:30	25	3,500	Female beginners over 15 years old	Basic skills, rules, manners, and games	4/18 (Fri) 18:30
<i>Aikido</i>	5/18~ 7/20	Sun.	9:00 ~10:00	20	5,000	Beginners over junior high school age	Basic art of self defense	4/13 (Sun) 9:00
Sport Dance	5/7~ 7/9	Wed.	19:00 ~ 20:30	30	5,000	Beginners (working people)	Rhythmical exercises	4/16 (Wed) 19:00
<b>Koryo Budojyo</b> [Address: 15-1 Miyuki-cho]								
<i>Kyudo</i> (twice a week)	5/8~ 7/15	Tue. Thu.	10:00 ~11:30	20	4,000	Female beginners	Basic skills, manners	4/15 (Tue) 10:00
<i>Kendo</i> (twice a week)	5/9~ 7/18	Tue. Fri.	18:30 ~19:30	30	5,000	Elementary school children and older	Basic skills, rules and manners	4/15 (Tue) 19:00

<i>Naginata</i>	5/7~ 7/9	Wed.	14:00 ~16:00	10	2,500	People over 18 yrs old	Basic skills, rules and manners	4/16 (Wed) 14:00
<i>Judo</i>	5/10~ 7/26	Sat.	18:30 ~19:30	50	3,000	Elementary school children	Basic skills, rules, manners and self defense	4/19 (Sat) 19:00
Fencing	5/10~ 7/19	Sat.	17:00~ 19:00	15	5,000	4 <sup>th</sup> graders ~ junior high school students	Basic skills, manners, rules	4/19 (Sat) 17:00