

# Numazu Newsletter

No. 279

May 1, 2014

Voluntary Supporters

Kalamazoo Division NICE

<http://www.city.numazu.shizuoka.jp/>

You can get information about Numazu twice a month on this home page and some hard copies issued by Supportive Volunteers at the Tourist Information Office at the Numazu Station, Palette, the City Library Participation, the City Gymnasium, Speakeasy, the Tap Room, Catholic Church, Kato Gakuen, Chiku Centers and the City Hall.

## **Recruitment**~~Municipal Houses (Danchi) for Rent~~

Applications and Inquiries: Public Housing Repair and Maintenance Division ☎ 055-934-4792

Name of Danchi	Quota	Name of Danchi	Quota	Name of Danchi	Quota
Jiyugaoka	7	Kobayashi	1	Nakao	1
Okubo	2	Matsubara	2	Haratorisawa	1
Hara	4	Haramachinaka	3	Imazawa	3
Ariosu	1	Park Fujiihara	1		

\* Only a limited number of parking spaces are available.

➤ Applicants (Qualification for application):

1) People who live or will live with family members

\*A single person, who was born before Apr.1, 1956, can apply for Jiyugaoka(6), Kobayashi, Okubo(1), Hara(1), Imazawa.

2) People whose incomes meet the income criteria provided for in the ordinance

3) People who live or works in Numazu

4) People who urgently need houses

5) People who are not gang members (including housemates)

Application Period: May 14 (Wed) ~ May 16 (Fri), 8:30 ~ 17:00

Drawing: May 30 (Fri), 13:30 ~

\* In case of a lot of applicants, there will be a drawing.

\* If you apply for the first time, please come directly to the Public Housing Repair and Maintenance Division (City Hall, 6F) before the application period.

\* Please contact us or visit Numazu if you have any questions.



## **The 15<sup>th</sup> Wakafuji Sports Meet for Challenged People in Shizuoka Prefecture**

Applications and Inquiries: Handicapped Person's Welfare Division

☎ 055-934-4830 or FAX: 055-934-2631

When: Aug. 31 (Sun) ~ Oct. 5 (Sun)

Where: Kusanagi Athletic Stadium (Suruga Ward, Shizuoka City)

Due Date of the Applications: May 16 (Fri)

Please ask us about the details.

### “E-tegami,” post card with self-drawn picture

#### Associated with “Respect-for-Senior-Citizens Day”

Applications & Inquiries: Longevity Welfare Division (Section for Motivation in Life Promotion)

Numazu City Hall 〒410-8601 ☎ 055-934-4834

Participants: Children going to elementary schools in Numazu city

Size of paper: a postcard or a piece of paper whose size is smaller than

B5 (18.2×25.7 cm)

How to apply: Bring it to us directly or mail it to the address above by

June 6 (Fri). (Applications must arrive no later than the day.)

※The best one appears on the information letter about the events on “Respect-for-Senior-Citizens Day.”



### Volunteers for Multicultural Information and Assistance

Applications and Inquiries: Civic Collaboration Division ☎ 055-934-4717

Would you register as a volunteer and support foreign residents in Numazu?

Category: Interpretation, Translation, Japanese Language Support, Host Family, Introduction of Japanese Culture or Foreign Cultures

Applicants: people (18 years old and older) who meet all the following requirements.

- 1) People who are motivated in volunteer activities
- 2) Japanese residents or foreign residents who have resident status
- 3) People who live in Numazu or neighboring cities
- 4) People who can participate in the workshops the city organizes

\*Please ask us about the details or check them on the city website.



### Nihongo Hiroba, Japanese Language Class for Parent and Child (for Foreign Residents)

Applications and Inquiries: Civic Collaboration Division ☎ 055-934-4717

When	Where	Time
June, 2014 ~Mar., 2015 (around twice a month)	Imazawa Shieijutaku Shukaijo (Meeting Room in Imazawa City-provided Housing)	9:30 ~ 11:00
	Dai-go Chiku Center	13:30 ~ 15:00

Contents: Learning Japanese Language, Learning Supports Program for Children

Applicants: Foreign Residents

\*Parents and their children (Junior high school students and younger)

Due Date of the Applications: May 23 (Fri)

\*Please ask us about the details (e.g. dates, applications).

\*We also recruit volunteers who support Nihongo Hiroba

(Japanese Language Classes). Please ask us about the details of it.



## Performers in Recitation (in Numazu City Art Festival)

Inquiries and Applications: Numazu Culture Association ☎ 055-952-6597

(weekdays: 13:00 ~ 16:30)

Inquiries: Cultural Promotion Division ☎ 055-934-4812

We'll recruit performers in recitation in the City Art Festival.

When: Oct. 25 (Sat), ①13:00 ~ ②18:00 ~ / Where: Cultural Center (2F Big meeting room)

How to apply: by phone before May 31 (Sat) / \*Please ask us about the details.

## **Events**

### Soroku Festival in Meiji Historical Museum

Inquiries: Meiji Historical Museum ☎ 055-923-3335




Soroku Ebara, who was a former retainer of the shogun in the late Edo period, subsequently became a statesman and an educator, as well as a Christian. He was selected as one of the 100 treasure troves in Numazu. To honor his great

achievement, Soroku Festival will be held. Please come and enjoy a variety of events.

When: May 18 (Sun), 10:00 ~ 15:00 (Museum opens: 9:00 ~ 16:30)

Admission fee: free on the festival day \*Please use public transportation.

<p>◆ Events</p> <ul style="list-style-type: none"><li>• Dance Performance by Hiyoshi Taiko (drums), Mikoshi (portable shrine) by Fuyokai group</li><li>• Mochitsuki (making rice-cakes) and free distribution of rice-cakes from 10:15</li><li>• Free service of ton-jiru (miso soup with pork and vegetables) from 11:45</li></ul> <p>* In consideration of environment, disposable dishes are not provided. Please bring your own chopsticks and a bowl with you.</p>	<p>◆ Presentation about Soroku Ebara</p> <p>Sawada elementary school (10:30 ~ )</p> <p>Kanaoka elementary school (11:00 ~ )</p> 
<p>◆ Experience (10:00 ~ 15:00)</p> <ul style="list-style-type: none"><li>• Making <i>Fusayoji</i> (wooden tooth brush)</li><li>• Games in the old days: Takeuma (stilts), <i>Menko</i> (a Japanese card game very similar to Pogs)</li></ul>	<p>◆ Mandolin Concert (11:30 ~ )</p> <p>Kanaoka Mandolin Club plays children's songs and old popular songs.</p>
<p>◆ Exhibition Area</p> <p>Students of Kanaoka, Sawada, Kadoike, Kaihoku, Dai-ichi, Dai-go elementary schools studied about Soroku Ebara. The results will be on display until May 18(Sun).</p>	

### Numazu Citizen Charter Lecture: "The Depths of the Ocean is so interesting!"

Inquiries: Numazu Citizen Charter Promotion Division ☎ 055-934-4807

When: May 30 (Fri) 14:45 ~ 15:45 / Where: Numazu Cultural Center (2F Meeting room)

Lecture: Koji Ishigaki (A general manager at Numazu Deep-sea fishes Aquarium)

Capacity: 50 people (In order of arrival)

How to apply: Please call on May 8(Thu) from 9:00.

## Sugiyama Kiyotaka Concert



Inquiries: Cultural Center ☎ 055-932-6111

Culture Development Division ☎ 055-934-4812

When: Aug. 16(Sat) 15:30 ~ (Doors Open: 15:00)

Where: Cultural Center (small hall)

An entrance fee: 6,000 yen (All seats reserved, Pre-school children forbidden)

How to get the ticket: Visit the cultural center ticket sales counter

## Keisuke Toyama Piano Recital 2014

Inquiries: Cultural Hall ☎ 055-932-6111

Culture Development Division ☎ 055-934-4812

When: July 12(Sat) 17:30 ~ (Doors Open: 17:00)

Where: Cultural Center (small hall)

An entrance fee: 3,500 yen for adults, 2,000 yen for students under high school

(All seats reserved, Pre-school children forbidden)

How to get the ticket: Visit the cultural hall ticket sales counter

## Numazu Tea Ceremony by Seven Schools

Inquiries: Cultural Promotion Division ☎ 055-934-4812

Numazu Tea Ceremony is an annual event at Imperial Villa Park.

Anyone can enjoy *Nodate*, open-air tea ceremony.

When: May 11 (Sun), 10:00 ~ 14:45 (application until 14:30)

Where: Numazu Imperial Villa Park (Each school's sites are shown in the figure below)



\* The tea ceremony will be held in the East Annex in case of rain.

Ticket: 600 yen (for 2 tea ceremony rooms)

Admission fee to the Park: adult = 60 yen, elementary and junior high school student = 30 yen

\* The Parking is free of charge. (Standard vehicle only)

- ① Omotesenke
- ② Urasenke Tankokai Numazu branch
- ③ Dainihon Sado Gakkai
- ④ Tokai-ryu
- ⑤ Sohen-ryu
- ⑥ Urasenke
- ⑦ Sencha, Obaku Kofu-ryu



## Exhibition of Senbon Plaza Mini Gallery

\*Photo exhibition of Natsuki Yasuda : May 17(Sat)

\*Exhibition of Two Challenged People • Ceramic art and paintings : June 3(Tue) ~ 8(Sun)

## Information

### Please Make Thorough Preparation against Earthquakes by Using Subsidy System

Application and inquiries: Architecture Guidance Division ☎ 055-934-4759

Once a big earthquake occurs, collapsed houses or fallen concrete block walls might take many lives. In order to save lives and secure evacuation routes, we advise you to repair concrete block walls and reinforce your houses

#### Subsidy for removal or repair of concrete block walls

##### Concrete block walls covered by subsidy

For those along evacuation routes which might easily fall (over 60 centimeters in height and 4 tiers or more)



Subsidy rate for those along tsunami evacuation routes will be 100 % from this year.

location	till 2013		from 2014	
	subsidy rate	upper limit cost(yen)	subsidy rate	upper limit cost (yen)
along the evacuation route	75 %	removal : 200,000 repair : 500,000	100 %	No limit (standard cost / 1 m)
except the evacuation route	50 %	removal : 100,000 repair : 250,000	50 %	removal : 100,000 repair : 250,000

#### Subsidy for quakeproofing wooden houses



We will subsidize a part of the seismic retrofitting plan or reinforcement cost for the wooden houses built before May 31, 1981.

##### The procedure

- ① Free diagnosis by an expert of earthquake resistance testing
- ② Drawing the seismic retrofitting plan Two-thirds of the planning cost (upper limit 96,000 yen) will be subsidized.

(In case of a family composed only of 65 year-old people or older, the upper limit is 144,000 yen.)

##### ③ Quakeproofing

a house to which subsidy applies	till 2011	2012~2015
a family composed only of 65 year-old people or older	upper limit cost: 600,000 yen	upper limit cost: 700,000 yen
a houses except above	upper limit cost: 400,000 yen	upper limit cost: 500,000 yen

### Please take advantage of the subsidy for the remodeling of your house.

When you are going to remodel your house for energy saving at the same time, you can receive the support from Shizuoka-ken Energy Saving Support Project for Houses.

Applications and inquiries: Shizuoka-ken *Kenchiku Jyutaku Machizukuri* Center

☎ 054-202-5573



## Information

### Numazu City Offers Free Service of Securing Furniture to a Wall

Applications & inquiries: Crisis Management Division ☎ 055-934-4803

This service is for elderly families, families with challenged people and mother-child families.



**\*The service is available for:**

- ① family of elderly people (aged 65 or over) or family of elderly people and young people aged under 18
- ② family which includes the following people:
  - a person who has a physical disability certificate
  - a person who has an identification booklet for retarded people

- a person who has a mental disability certificate
- a disabled employee's pensioner or a disability basic pensioner
- a person who has a Certificate of Needed Long-term Care or a Certificate of Needed Support

- ③ family who consists of only mother and children aged under 18, or with people older than 65 years old

**\*Intended furniture:**

drawers, bookshelves, refrigerator, cupboard, etc. (up to 4 items)

\* It is unacceptable to remove furniture or fixing brackets once the work has been done.

**\*How to apply:**

By phone (We'll send you an application form.) Please ask us about more details.

### **Remember!**

It is the first step for disaster prevention to fix furniture to a wall or a pillar. Furniture in tall and shallow shape is easy to fall down, and it is more likely to have an earthquake in the living room or bedroom as you stay there for many hours.

### Pesticide will be sprayed to preserve pine trees

Inquiries: Agriculture and Forestry Division ☎ 055-934-4751

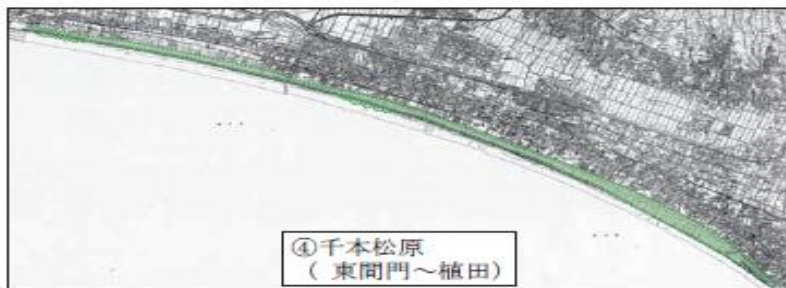
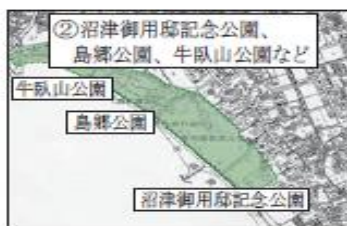
Park and Tree Planning Division ☎ 055-934-4796

\*Don't step in the areas on the day pesticide is to be sprayed.

\*Spraying pesticide is going to be carried out from 3:30 in the early morning to 11:00.

\*In case of bad weather, the schedule might be changed.

	① Senbonhama Park, Minatoguchi Park, Ganyudo Park	② Imperial Villa Park, Togo Park, Ushibuseyama Park	③ Heda Area (Obama misaki(cape), Ida)	④ Senbon Matsubara (Higashimakado~Ueda)
1 <sup>st</sup> Spray	May 12(Mon)	May 13(Tue)	May 14(Wed)	May 20(Tue) ~ 22(Thu)
Occasional date	May 15(Thu) ~ 19(Mon)			May 23(Fri) ~ 27(Tue)
2 <sup>nd</sup> Spray	June 9(Mon)	June 10(Tue)	June 11(Wed)	June 17(Tue) ~ 19(Thu)
Occasional date	June 12(Thu) ~ 16(Mon)			June 20(Fri) ~ 24(Tue)



## Recruitment

### The Photos for Citizens Calendar 2015 ‘Appeal of Numazu’

~ Your Picture will be put on the Numazu Citizens Calendar~

Inquiries: Public Relations Division ☎ 055-934-4703

Photo contest with theme of “Appeal of Numazu” will be held. Winning works will be used as the photos of the Numazu Citizens Calendar 2015. Would you like to apply your works for it?

**Theme: Appeal of Numazu**

**Term to Apply: Jan. 23(Fri), 2015**

\*The applications have to reach us by the due date.



Application rule: The photo is color print of the lateral position,

4 cutting size or A4 size. Not accept, non-standard size photos, set photos.

It is your own original, unpublished and taken in Numazu.

How to apply (choose 1 or 2):

1. Fill in the application form downloaded from the city’s website or get at Public Relations Division(City Hall 2F) and stick it on the back of your photo, then bring or mail it to us.
2. Email us the contents of applications form with the attachment of photo data (JPEG, within 10MB)

\*13 winning works (one per month and one for the cover) will be used for the Citizens Calendar 2015. Good works other than winning ones will be scheduled to be displayed at photo exhibitions.

\*The works are not returned.

\*13 winners will be given an award and applicants will be presented tokens.

\*Pay careful attention to the portrait rights of the subjects. Please apply after you have solved all the problems relating to it by your own responsibility.

\*Access to the city’s website or look at handout about the details of the application form.

Applications: Public Relations Division, Numazu City Hall ☎ 410-8601

Email: [kouhou-photo@city.numazu.lg.jp](mailto:kouhou-photo@city.numazu.lg.jp)

### Why don't you take a test of physical strength and fitness?

Inquiries & Application: Sport Promotion Division ☎ 055-922-7200

Applicants: those who are 18 years old and older, live in the city and can join three tests  
(except high school students)

Capacity: 20 persons for each chiku center

(If there are too many applicants, a drawing will be held.)

Fee: 60 yen (insurance)

How to apply: by phone or come to the gym by May 16(Fri)

Where	When(3 times in all)	Contents
Kadoike Chiku Center	June 6(Fri), 13(Fri), 20(Fri) 10:00 ~ 11:30	Test of physical strength and fitness Lecture and stretching, exercises which improve our posture and inner muscles
Dai-5 Chiku Center	July 1(Tue), 8(Tue), 15(Tue) 19:00 ~ 20:30	
Kanaoka Chiku Center	July 11(Fri), 18(Fri), 25(Fri) 10:00 ~ 11:30	

### Child Raising

#### Ohisama Hiroba

Childcare workers will help you and your children play at the Ohisama Hiroba.

Inquiries: Numazukko Fureai Center ☎ 055-952-8077

Senbon Childraising Support Center ☎ 055-962-7818

Applicants: Children and their parents

	When	Where	※It will be cancelled if it rains. ※Please come to the site directly with clothes which can get dirty.
①	May 26(Mon) 11:00 ~ 12:00	Central Park	
②	May 30(Fri) 11:00 ~ 12:00	Ganyudo Park	

### Recruitment of 2014 Club Kids

Applications and inquiries: Lifelong Learning Division ☎ 055-934-4871

This training session is held in order to train the leaders of elementary school students in *Kodomo Kai*(Children's Gathering).

When: June 29(Sun), Sep. 14(Sun), Nov. 9(Sun), Jan. 18(Sun), 2015, Feb. 15(Sun), 2015  
9:00 ~ 12:00 (5 times in total)

Where: Consultation Center of Youth Education, etc.

Applicants: 5<sup>th</sup> and 6<sup>th</sup> graders of elementary schools in Numazu City and those who can attend all the sessions

How to apply: You can get the prescribed form at Lifelong Learning Division (City Hall 8F).

Bring the form directly to Lifelong Learning Division by June 6(Fri).

※Please ask for further details.



## Lectures & Classes

### Asthma Class

Inquiries: Numazu City Hospital ☎ 055-924-5100

When: May 20 (Tue) 14:00 ~16:00

Where: Numazu City Hospital (2F Lecture Hall)

Contents: Symptoms of asthma, treatment by medicine, things to consider in daily life

Capacity: About 150 people

※Please come to the site directly.



### Tennis Class

Applications & Inquiries: Ashitaka Sports Park Tennis Court ☎ 055-920-8688

Inquiries: Park and Tree Planning Division ☎ 055-934-4795

Where: Ashitaka Sports Park Tennis Court

Capacity: 6 people each course (in order of arrival)

Participation fee: 8,300 yen (including insurance)

How to apply: May 8(Thu) 10:00 ~ by phone or come directly to the site



Course	Beginners Course	Elementary School Students Course
Term and Date (10 times in total)	① Every Friday from May 23 to July 25 9:00 ~ 10:30	① Every Tuesday from May 27 to July 29 16:30 ~ 18:00
	② Every Tuesday from June 3 to Aug. 5 10:00 ~ 11:30	② Every Thursday from June 12 to Aug. 14 16:30 ~ 18:00

### Healthy Exercise Class

Inquiries: (NPO) Health Community Shizuoka ☎ 055-961-2238

Civic Collaboration Division ☎ 055-934-4807

When: May 31 (Sat) 14:00 ~ 15:30 / Where: San-well Numazu Multi Purpose Hall 4F

Instructor: Mr. Kenji Mitsumoto (Professor of Tokai University)

Capacity: 40 people (in order of arrival) / Things to bring: towel, drinks

How to apply: May 12(Mon) 9:00 ~ by phone / ※Please wear comfortable clothes.

## Information

### Have You Completed the National Health Insurance Payment of the Previous Year?

Inquiries: National Health Insurance Division ☎ 055-934-4725

If you haven't paid the premium of the previous years, you cannot get the subsidy for full medical checkups or full checkup of the brain. Please pay it immediately if you haven't paid yet.

### Night-time Service for Payment of National Health Insurance and Municipal Tax

Inquiries: National Health Insurance Division ☎ 055-934-4727

Inquiries: Tax Collection Division ☎ 055-934-4730

When: May 13 (Tue), 22 (Thu), until 20:00

Where: National Health Insurance Division (City Hall 1F) / Tax Collection Division (City Hall 2F)

### **Night-time Service for Water Bill Payment and Consultations**

Inquiries: Water and Sewage Service Division ☎ 055-934-4853

When: May 13 (Tue), until 20:00

Where: Water and Sewage Service Division, Water Utility Department 1F

### **May is a Flood Prevention Month**

Inquiries: River Maintenance Division ☎ 055-934-4786

Soon we'll have rainy season, which brings heavy rain. We've especially have regional heavy downpours these days and they've caused water levels in the river to rise drastically in a short period of time. Please pay attention to information of heavy rain and take quick action. Also, keep away from the rivers when it rains heavily.



### **We Ask for Your Understanding and Cooperation of Cool Biz**

Inquiries: Environmental Policy Division ☎ 055-934-4741

As one of the measures against global warming, municipal facilities are to set air conditioner temperatures at 28°C. The Cool Biz dress code advises workers to wear short-sleeved shirts without jackets or ties. The city conducts the Cool Biz campaign between May 1 (Thu) and Oct. 31 (Fri), so we'd like to ask for your understanding and cooperation of Cool Biz.

### **The City will Subsidize the Purchase Cost of a New Energy Device or Energy Saving Device**

Inquiries: Environmental Policy Division ☎ 055-934-4741

In order to reduce the amount of CO<sub>2</sub> as one of measures against global warming, we subsidize people to buy new energy devices (e.g. solar power generation) or energy saving devices (e.g. Eco cute).

\*You have to apply before the installation.

\*Please ask us about the details or check them on the city website.



### **The Message Board for "Pocchi and Nyanchi"**

Inquiries: Environmental Policy Division ☎ 055-934-4740



It is the message board for people who want to hand over their pets (dogs and cats) and take over them. Messages are put up on the board for a month.

#### **If you want to hand over your cat or dog**

Get a message paper at Environmental Policy Division (City Hall 7F) and fill out the form. Put the form and a picture up on the message board in the lounge (1F).

#### **If you want to have a cat or dog**

Look at the message board and contact and negotiate directly with a person who put the form up.

※ Don't use the board for a profit.

### **Mon Musee Numazu is Closed between May 20 (Tue) and June 6 (Fri)**

Inquiries: Mon Musee Numazu ☎ 055-952-8711

Inquiries: Cultural Promotion Division ☎ 055-934-4812

Mon Musee Numazu is closed for fumigation and change of the exhibition.

### **Marriage Counseling for Women**

Inquiries: Numazu City Council of Social Welfare ☎ 055-922-1500

Inquiries: Social Welfare Division ☎ 055-934-4824

When: May 25 (Sun) 10:00 ~ 12:00, 13:00 ~ 15:00

Where: San-Well Numazu medium meeting room (2F)

Applicants: Unmarried women

What to bring: Copy of residence card (mentioned or referred to entire family and issued within three month prior to the application date), 2 pictures (3.5×4.5 cm and L-type) and seal

※Please come to the site directly.

### **Employment Support Fair**

Applications and inquiries: Economy, Trade and Industry Department, Employment Promotion Division in Shizuoka Prefecture ☎ 054-221-2573

Inquiries: Commerce and Industry Promotion Division ☎ 055-934-4749

When: May 29 (Thu) 12:00 ~ 16:00

Where: Kira Messe Numazu Multipurpose Hall

Applicants: People who graduated from school in March, 2014 and who haven't got a job, and people who are looking for a job

Contents: Interview with people in charge of personnel affairs of the companies in Shizuoka Pref.

\*For more information, please visit the website. <http://www.koyou.pref.shizuoka.jp/>

### **Consultations on School Refusal and Social Withdrawal**

Applications and Inquiries: NPO Free School Numazu ☎ 055-919-0247

Inquiries: Civic Collaboration Division ☎ 055-934-4807

When: ①May 15 (Thu) ②May 17 (Sat) ③June 12 (Thu) ④June 14 (Sat) ⑤July 19 (Sat)

Time: ①③ 19:00 ~ 21:00, ②④⑤ 13:00 ~ 15:00

Where: San-Well Numazu (2F Sho-kaigishitsu (small meeting room))

Applicants: Students who refuse to go to school, socially withdrawn students, high school dropouts and their guardians

Capacity: 8 people each day (the first 8 people)

How to apply: by phone after May 8 (Thu), 9:00 ~

### **Free Events**

#### **'14 Numazu Satsuki (Azalea) Festival**

Inquiries: Takahashi-san, Numazu Satsuki Aikokai ☎ 055-933-6478

When: May 22(Thu) ~ 25(Sun) 9:00 ~ 16:45 (until 15:30 on the last day)

Where: Numazu Imperial Villa Park East Annex

Contents: display and sales of Azaleas, etc.

\*People coming to the festival don't need the admission fee.



## Numazu College of Technology: Dormitory Festival

Inquiries: Numazu College of Technology ☎ 055-921-1707

When: May 18 (Sun), 10:00 ~ 15:00

Where: Dormitory in Numazu College of Technology

Contents: booths, stage performance etc.

\*Please come to the place directly.

## Information from Health Center

Inquiries: Health Promotion Division (Health Center) ☎ 055-951-3480



### Mobile Site for Supporting Child Care

The Health Center has established a mobile site “Numazu *Kosodate Oendan*” (Website for Supporting Child Care), which makes children’s vaccination schedules automatically and sends the notice letters to each family with the children by e-mail when the date of vaccination draws near, sending the information related to child care, and others.

※Communication charge for the access should be defrayed by the users, though the cost of registration and utilization of this site is free of charge.

Name: Numazu *Kosodate Oendan* // It starts on May 1 (Thu)!

Contents: schedule management for vaccination, classes and lectures, information on medical checkup, information on medical institutions, information concerning child-raising, and others

Home Page Address: <http://numazu.city-hc.jp/>



### Cooking Class for 3-Year-Old Kids

A cooking class for 3-year-old children and their parents is to be held. Cooking experience in early childhood will enhance an interest in food and diet in the future.

When: June 10 (Tue), 10:00 ~ 13:00 / Where: Cooking Room (Health Center)

Applicants: Children who were born during the period from Apr. 2 to June 30 in 2011, and their guardians who are living in Numazu

Capacity: 20 pairs (in order of application)

Admission fee: 220 yen per person (foodstuffs, insurance premium)

What to bring: maternal and child health handbook, apron, scarf or cloth to cover your hair, 2 dishtowels, towel, infant fork, infant spoon

How to apply: By phone, after 8:30 on May 9 (Fri)



### Consultations on Stress-Related Symptoms

A psychiatric social worker and a clinical psychotherapist will hold individual consultations for those who have long been struggling with insomnia or depression.

When: May 28 (Wed) and July 2 (Wed), 13:30 ~ 16:30 (about 1 hour for each consultation)

Where: Health Center

Applicants: People aged 18 and older who worry about their own mental condition or their family members

Capacity: 3 persons for each day

How to apply: By phone



### **Make an Application for Benefits Supporting Patients with Specified Diseases (for the First Period)**

Government pays benefits to people who suffer from diseases specified by Shizuoka Prefecture and have a medical beneficiary certificate for specified diseases. At the moment, applications for the benefit for the first period are being accepted. People concerned, please come to the Health Center and make an application.

Necessary documents: Seal, bank book of your own, medical beneficiary certificate for specified diseases issued by Shizuoka Prefecture (the certificate should be valid at the time of application)

Amount of benefit: 20,000 yen

Application Deadline: Sep. 30 (Tue)



### **Test for AIDS, Hepatitis B and Hepatitis C**

Every test above requires an appointment but they are all free of charge.

AIDS test can be taken anonymously.

Where: Prefectural Eastern Part Health Center (Prefectural *Tobu Sogo Chosha* 2F, Takashima-honcho)

Contents: AIDS Test (HIV Antibody Test) / Hepatitis B Test (HBs Antigen Detection) / Hepatitis C Test (HCV Antibody Test)

How to apply: By phone ※Consultation on AIDS is held when needed.



When		Contents	※Schedules can be changed due to holidays and others.
The First Tuesday	17:00 ~ 19:45	AIDS, Hepatitis B	
The Second Tuesday	9:00 ~ 11:30	AIDS, Hepatitis B, Hepatitis C	
The Third Tuesday	13:00 ~ 15:30	AIDS, Hepatitis B	
The Fourth Wednesday	9:00 ~ 11:30	AIDS, Hepatitis B, Hepatitis C	

※Please call the number below for more information.

**Applications & Inquiries:** *Ken Tobu Hokenjo, Chiiki Iryo Ka* (Prefectural Eastern Part Health Center, Community Healthcare Division) ☎ 055-920-2109





### Hama-no-Kannon-san; Goddess of Mercy in Hase-dera Temple

The temple, Hase-dera, is located near Senbon Beach. Its nickname is Hama-no-Kannon-san. It was built in the *Heian* Period (794 ~ 1868). Kannon-dai-mandala is annually open to the public in April. *Mandala* is a drawing of the god or the goddess. *Mandalas* drawn on a sail have been dedicated to the temple praying for safety of voyage since the Edo Period. Last April a lot of people enjoyed the gorgeous (30 meters x 13 meters) sail *mandala* drawn in the Showa Era.



### Nearby Numazu's Treasure Troves

#### 1 Sembon-matsubara:

It literally means 1,000 pine trees. It is a good walking course along the coast.

#### 2 Jamatrsu-ryokudo:

A walking course along the used railway track between Numazu station and Numazu port

#### 3 Wakayama Bokusui Memorial Museum:

The famous poet's literature works and memorabilia are displayed.

