

Numazu Newsletter

No. 318

January 15, 2016

Voluntary Supporters

Kalamazoo Division NICE

INFORMATION

<http://www.city.numazu.shizuoka.jp/>

You can get information about Numazu twice a month on this home page and some hard copies issued by Supportive Volunteers at the Tourist Information Office at the Numazu Station, Palette, the City Library Participation, the City Gymnasium, Speakeasy, the Tap Room, Catholic Church, Kato Gakuen, Chiku Centers and the City Hall



Happy New Year 2016 !

May This Year Be Happy and Fruitful



Events

PHOTOROGAINING NIPPON 2016 Numazu ~ Tour around Treasure Troves in Numazu ~

Inquiries: "Numazu no Takara" Promotion Division ☎ 055-934-4879

Get a higher score using a map and cooperating with your comrades, touring around check points including treasure troves in Numazu.

When: March 20 (Sun), 9:20 ~ / Meeting place: Plaza Verde, Convention Hall A

Area for the activity: Within 5 kilometer radius including the meeting place

Sporting events: 3-hour Class, 5-hour Class, (There are some groups divided according to male / female, or ages.)

Capacity: 200 teams or 500 persons for each class

Fee: an Adult=3.300 yen (3-hour Class) / 3.800 yen (5-hour Class), a junior high student or a younger=1.000 yen (for both classes)

Application Deadline: Feb.28 (Sun)

※For more details about applications, please check the Home Page website below.

Home Page Address: <http://photorogaining.jp/2016numazu/>

Applications & Inquiries: Numazu Head Office for Photorogaining NIPPON2016 ☎ 03-5776-5342

■What's "Photorogaining"?

"Photorogaining" is a sport in which participants collect points going around the check points within a limited time, taking photos of each check point, which need to be the same ones as the sample photos on the map used in this sport. Each check point has its set point and the figure is to be counted as a score. The higher score you achieve, the higher rank you reach. The key to reach higher rank seems to be a good strategy to go around each check point efficiently.



- At some check points, you are required to take photos of yourselves adopting a designated pose in front of the check points.

Events



Numazu Sweets Marathon

As a prize, every participant will enjoy delicious sweets made in Numazu!

Inquiries: Commerce and Industry Promotion Division ☎ 055-934-4748

Applications and Inquiries: Numazu Running & Skills Station

☎ 055-952-3222

When: Feb.21th (Sun) 10:00~12:00(In case of bad weather, it will be called off.)

Place to meet: Chuo-Koen(The Central Park)

The course: Chuo-Koen~Minato Oh-hash

Bridge~Kanogawa kaze no Terrace (2.5 km)

Capacity: about 800 people

Participation fee: 1,500 yen(payment in advance (by bank transfer))



How to Apply: Come directly to the office or on the city website / Deadline: Jan. 29(Fri)

Website: <http://n-sta.com>

◆Numazu Sweets festival!!

You can get famous Numazu sweets or enjoy making sweets (kids only).

When: Feb.21th(Sun)10:00~14:00

Where: Nigiwai-hiroba (in front of the Numazu Station South Entrance)

Participants: ~ 12 years old

Visit the website (<http://n-sta.com>) for further information.



◆Buy Numazu sweets for souvenirs

Where to buy: Chuo-Koen (The Central Park), The Basement of Marusan Shoten (Numazu Namakise Shopping Street), Nigiwai-hiroba(in front of the Numazu Station South Entrance)



2016 Numazu Flea Market & Consumer Exhibition

Inquiries: Garbage Control Promotion Division ☎ 055-934-4743

Civic Consultation Center ☎ 055-934-4841

When: Feb. 14(Sun) 10:00 ~ 14:30 / Where: Plaza Verde Multi-purpose hall

Fee: Free ※Please bring your own bag for shopping.

◆Flea Market

There are 176 booths.

You may find an item that you have been looking for.



◆Consumer Exhibition

Stage Events

Time	Contents
11:00 ~	Talk show of comedians
11:40 ~	The award ceremony for "Slogans for reducing garbage"
13:20 ~	Consumer's life quiz

◆Booth at the site

*Exhibition of panels

Activities of groups involved in our daily life are introduced.

There is a handmade corner and health checkup corner, etc.

*Food selling corner

Vegetables directly from the farm and local products will be sold.

Events

Public Talk on Dementia Prevention

Applications & inquiries: Longevity Welfare Division ☎055-934-4835

When: Feb.27 (Sat) ①14:00~15:00 ②15:15~16:15

Where: San-Well Numazu (Multipurpose Hall)

Contents: ①”Importance of oral care” lectured by Mr. Nobutake Nagasawa (Director of Numazu Dental Association)

②Brain Check-up (The result will be sent by mail)

Applicants: ①anyone ②people age of 65 ~ 84, who audit the lecture (except for recipients of nursing-care insurance)

Capacity: 100 people (first-come, first-served)

How to apply: by phone from Jan.22 (Fri) 9:00

Yamaguchi Gen Award

Inquiries: Mon Musee Numazu ☎055-952-8711

Cultural Promotion Division ☎055-934-4812

Yamaguchi Gen is an engraver and once lived in Numazu. This award honors his achievement and aims to improve the artistic culture of Numazu citizens. There are two awards: one grand prize (every other year) and two new face awards (every year).

Ceremony of The 17th Yamaguchi Gen Grand Prize and The 32nd & 33rd New Face Awards

When: Feb.6 (Sat) 15:00~ / Where: Mon Musee Numazu

*Admission fee is free on the day.

Exhibition of Successive Works

When: Jan.30 (Sat) ~ Feb.14 (Sun) 10:00~17:00 (until 16:00 on the last day)

Where: Mon Musee Numazu

Admission fee: 200 yen for an adult, 100 yen for a child (Students of elementary and junior high schools in Numazu are free of charge.)

Closed on: Feb.1 (Mon), 8 (Mon), 12 (Fri)

Mt. Fuji Industry-Academia-Government-Financial Collaboration Forum 2016

Applications & inquiries: Fuji Pharma Valley Center ☎055-980-6333

Inquiries: Commerce & Industry Promotion Division ☎055-934-4744

When: Feb.4 (Thu) 10:30~18:30 / Where: Plaza Verde Convention Hall A&B

Contents: Exhibitions, lectures, free talks among attendants

Applicants: companies, universities, research institutions, public administrations, etc.

Application Deadline: Jan.26 (Tue)

*Please see our homepage for further information. <http://www.fuji-pvc.jp/>

Classes, Lectures

Shukatsu (Preparation for End of Life) Seminar

Applications & inquiries: Longevity Welfare Division ☎055-934-4835

When: Feb.6 (Sat) 13:30~16:00 / Where: Senbon Plaza (Main Conference Room)

Contents: How to make an ending notebook, information about adult guardianship, etc.

Capacity: 50 people (first-come, first-served)

How to apply: by phone from Jan.22 (Fri) 8:30

Hanging Basket Class

Applications & inquiries: Park & Tree Planning Division ☎055-934-4795 ☎410-8601 Numazu City Hall

When: Feb.18 (Thu) 13:30~15:00

Where: Senbon Plaza (Multipurpose Hall)

Lecturer: Ms. Yoshimi Hamajima (green advisor)

Applicants: people living in Numazu

Capacity: 40 people (There will be a drawing in case of a lot of applicants.)

Fee: 2,500 yen(material fee) / Things to bring: thin gloves, scissors for flowers

How to apply: E-mail or send a double-sided postcard with your address, name, age, the phone number through which we can reach you on the day, class name, E-mail address (if you have).

*One application for one person

Application deadline: not later than Feb.3 (Wed)



City Hospital Diabetes Lectures

Inquiries: City Hospital ☎055-924-5100

Date	Contents
Feb.2(Tue)	What is Diabetes?
Feb.16(Tue)	Complication
Mar.1(Tue)	Importance of Self-control, Surgical treatment on Complication
Mar.15(Tue)	Lifestyle and Diabetes

Time: 13:00~15:00 / Where: City Hospital (Lecture Room)

*No reservation is required.

Dance Exercise Experience Course

Applications and inquiries: Sports Promotion Division ☎055-922-7200

Name of the class		When	Contents
①	Shape up Aero	10:00 to 11:15 on Feb. 15(Mon), 22(Mon) and 29(Mon) (3 times in total)	Sweat comfortably and burn fat effectively.
②	Slow Aero	10:00 to 11:15 on Feb. 24(Wed), Mar 2(Wed)	Refresh with pleasant music

		and 9(Wed) (3 times in total)	and movement
③	Step Movement A course	19:15 to 20:30 on Feb. 16(Tue), 23(Tue) and Mar. 1(Tue) (3 times in total)	Strengthen legs and hips and shape up
④	Step Movement B course	19:15 to 20:30 on Mar. 15(Tue), 22(Tue) and 29(Tue) (3 times in total)	



Where: The City Gym / Applicants: people who are 18 years old and older

Capacity: 15 people, each (first come first served basis)

Fee: 900yen (including insurance)

How to apply: come to or by phone from 9:00 on Feb. 1(Mon)

Shizuoka Prefecture Volunteer Study Meeting

Applications and inquiries: NPO Shizuoka-ken Volunteer Kyokai ☎ 054-255-7357

Inquiries: Social Welfare Division TEL: 055-934-4824

When: 10:00 to 16:45 on Feb. 14(Sun)

Where: Convention Hall B, Plaza Verde

Contents: information exchange among people who do volunteer activities in the prefecture or are interested in them. The keynote lecture by Mr. Norifusa Mori(the organizer of Ningenikkikkikenkyukai)

Fee: 1,000yen for adult, 500yen for student

*please contact us about the details of how to apply.

Hanasaki PC Experience Meeting

Applications and inquiries: NPO Hanasakinetsukai 〒411-0857 1-9, Shibahoncho, Mishima
☎ 090-6335-8739

Inquiries: Civic Collaboration Division TEL: 055-934-4807

When: 13:30 to 16:30 on Feb. 19(Fri) / Where: OA room, San-Well Numazu

Contents: Basic operation of PC and the experience of the Internet

Applicants: people who participate for the first time

Capacity: 16 people (in case of lots of applicants, there will be a lottery)

Things to bring: writing materials

How to apply: write your address, name and telephone number on a double sided postcard and send it.

Deadline: Feb. 1(Mon)(no later than the day)

Child Raising



NUMAZU CITY, which is kind to both parents and children!

Numazu City hopes that children in this city will enjoy a healthy life, and we'll

support them. We'd like their parents to know about our support services on pregnancy and childbirth.

←<U-san & Kuro-chan>



“Hi! U-san! <Vol. 6>

Give us some information about “Numazu *Konotori* (stork) Support Program!”

“Numazu City has provided our citizens with various programs on pregnancy, childbirth and childrearing. They are called ‘Numazu *Konotori* Support Program.’ For example, we give some lectures on healthy life for high school students. We also hold a symposium on pregnancy and childbirth for women at the childbearing age. Furthermore, we take off some of the financial burden of young couples who are worrying about fertility treatment and so on. We are trying to increase pregnancy rate and the birth rate.”



Information

Subsidy on fertility treatment and infertility

Inquiries and Application: Health Promotion Division ☎ 055-951-3480

Kinds of treatment: general fertility treatment, particular fertility treatment, male infertility treatment, infertility

Amount of subsidy: half of the whole amount of treatment including health insurance treatment

Maximum of subsidy for a couple: 300,000 yen per year

Term of subsidy: for 5 years *Please ask for the details.



Event

Symposium on Pregnancy and Child-birth

Inquiries and Applications: Health Promotion Division ☎ 055-951-3480 / FAX: 055-951-5444

Email address: kenkou@city.numazu.lg.jp

Title: “Future Mothers’ Café---You can be more beautiful!”

When: Feb. 7(Sun), 2016 13:30 ~ 17:00 / Where: Plaza VERDE (Convention hall A)

Panelists: Ms. Tahara Fumiko (in Tahara IVF Clinic), Ms. Ebihara Eri (Child-body therapist)

For: mainly single women / Capacity: about 300 persons

How to apply: by the application form on the exclusive line, by FAX or by email



Information

Eye Exam for Children

Applications and Inquiries: Health Promotion Division (Health Center), ☎ 055-951-3480

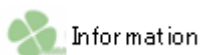
When: Jan. 28 (Thu), Feb.25 (Thu), Mar. 17 (Thu), 14:00 ~ 15:30

Where: Health Center

Contents: eyesight test by orthoptist, consultation about eye-related problems (consultation time is about 20 minutes per person)

Applicants: Pre-school children who have had health Checkup for 3 years old

Capacity: 4 children per day / How to apply: By phone

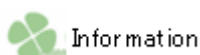


Maternal and Child Health Handbook

Inquiries: Health Promotion Division (Health Center), ☎ 055-951-3480

The Maternal and Child Health Handbook is an important document to record the medical condition of the mother and child, child's development and vaccinations. Once your doctor gives you a pregnancy examination, you can receive the Maternal and Child Health Handbook at Health Center.

When: weekdays, 8:30 ~ 16:45



Internet Service for Pregnancy and Child Raising Support

Inquiries: Health Promotion Division (Health Center), ☎ 055-951-3480,

Child Support Division ☎ 055-934-4826

Numazu City provides a variety of information about pregnancy and child raising through Facebook Page "Numazu Sukoyaka Pregnancy Support" and website "Ikiiki Numazukko" to support pregnant women and families raising children.

Support for Raising Children



When you are pregnant, you can receive the Maternal and Child Health Handbook. We assist pregnant women with health checkup expense. And there are classes for new and expectant parents.



After childbirth, free health checkups are offered for children aged 4 months, 10 months, 18 months and 3 years.





Dental checkup for children aged 18 months and consultation for rearing children are also available. There are communication salons “Angel Salon” and “Ohisama Hiroba”. A variety of child support services will continue on.

Recruitment

The Users of the City Cemetery

Applications and inquiries: Resident Registration Division ☎ 055-934-4720

Where: Tenjinbora Cemetery (Nakase-cho)

Tomb area: A=2.43 m²、 B=2.52 to 3.51 m²

The number of offers: A=7, B=5 (in case of lots of applicants, there will be a drawing.)

One-time fee for perpetual usage: 100,000yen per 1 m²

Annual administrative costs: A=900yen, B=1,000yen

Qualifications: people who meet all of the following requirements.

1. People who have lived in the city before Feb. 12, 2015 (residential registration is finished) and do not have a graveyard.
2. People who now have the cremains of your blood relatives to be buried.
3. People who are in position to host a religious service of the cremains to be buried.

How to apply: fill in the application form located at No.3 reception of the Resident Registration Division on the 1st floor of the city hall, local Resident Registration offices and the city's homepage, then bring it in or send it.

Application period: Feb. 1(Mon) to 12(Fri)(no later than the day)

*please contact us about the details or access to the city's home page.

Information

Feb. 1st (Mon) is the Due Date for Application of The Extra Welfare Benefits

Applications & Inquiries: Extra Welfare Benefits Room ☎055-934-4848

The people who don't need to pay municipal tax and who aren't supported by tax payer in 2015 can receive ¥6000 per person. Please apply soon.

Night Acceptance and Consultation of Water Bill Payment

Inquiries: Water and Sewage Service Division ☎055-934-4853

When: Jan. 26(Tue), Feb.9 (Tue), 17:15~20:00

Where: Water and Sewage Service Division (Water Utility Department Build, 1F)

Feb. 1st (Mon) is the Due Date of the Payment for Municipal & Prefectural Tax and National Health Insurance

Inquiries: Tax Collection Division ☎055-934-4730

National Health Insurance Division ☎055-934-4727

Please be sure to pay the fees.

***Payment at night time is available as follows.**

Where: Tax Collection Division When: Jan. 26(Tue), 17:15~20:00

Where: National Health Insurance Division When: Jan. 26(Tue), 18:15~20:00

***Payment on Sunday is available as follows.**

When: Jan. 31(Sun), 9:00~15:00

Where: Tax Collection Division, City Hall 2F.

National Health Insurance Division, City Hall 1F.

Tax Reports for Municipal & Prefectural Tax

Inquiries: Municipal Tax Division ☎055-934-4735

We receive tax reports for municipal and prefectural taxes for fiscal 2016. Please come to one of the place below. If you hand in final income tax return, you don't need this report.

When	Where	Opening time
Jan. 26(Tue)	<i>Ooka Chiku</i> Center	9:30~12:00 13:00~16:00 *Health Center, <i>Heda</i> office
	<i>Uchiura Chiku</i> Center	
Jan. 27(Wed)	<i>Ooka Chiku</i> Center	
	<i>Shizuura Chiku</i> Center	
Jan. 28(Thu)	<i>Ukishima Chiku</i> Center	
	<i>Ohira Chiku</i> Center	
Jan. 29(Fri)	<i>Ashitaka Chiku</i> Center	
Feb. 1(Mon)	Health center, <i>Heda</i> office	
Feb. 2(Tue)	<i>Ashitaka Chiku</i> Center	
Feb. 3(Wed)	<i>Katahama Chiku</i> Center	
Feb. 4(Thu)	<i>Hara Chiku</i> Center	9:00~12:00 13:00~17:00 Except weekends and Mar. 14(Mon)
	<i>Nishiura Chiku</i> Center	
Feb. 5(Fri)	<i>Hara Chiku</i> Center	
Feb. 9(Tue), 10(Wed)	<i>Kanaoka Chiku</i> Center	
Feb. 16(Tue) ~ Mar. 15(Tue)	Cultural Center (Exhibition Room)	

Counter for getting “My Number” Notification Card is Open

Applications & Inquiries: Resident Registration Division ☎055-934-4721

Notification cards of “My Number” are delivered from the middle of November. If absent, the notice of absence will be delivered and Notification cards will be kept for one week in the post office and then it will be sent back to City Hall. You can receive cards at the counter.

When: weekday, 8:30~17:15

Jan. 17(Sun), 23(Sat), 31(Sun), 9:00~16:30

Where: City Hall, 1F. Resident Registration Division

What to bring: a form of identification (a form with photograph issued by government and public Offices) or a health insurance card and two deposit passbooks.

*Citizen's service corner entrance at the right side of the front entrance is open on weekends.

*If someone should receive the card by proxy for you, please ask for the details or see the website.

Be careful about fraud taking advantage of "My Number System"

Inquiries: Public Relations Division(Citizens Consultation Center) ☎ 055-934-4841

A lot of suspicious phone calls which try to ask private information are spreading nationwide. Any related agency never gives you such a kind of call, so great caution is needed.

Logo of Numazu Machi Pika Oentai system has been determined.

Inquiries: Citizen Collaboration Division ☎ 055-934-4807

Hagiya Keiko (Nihi-Shiiji)'s work has been selected from among 81 submitted works. This mark will be displayed at the place Oentai works. A shape of Numazu City and frog is united. Frog (*kaeru*) implies "Machi wo kaeru" (change the town), or "Machi ga Yomigaeru" (the town revives).

Information



Why Don't You Make Use of Numazu Official Matchmakers "Enmusubi Tai"?

Applications and Inquiries: Policy Planning Division, ☎ 055-934-4704

"Enmusubi Tai" offers meeting places for single men and women so that they can meet prospective marriage partners. Why don't you make use of them?

Available for: people who meet all the requirements shown below

- ① people who are looking for a marriage partner seriously
- ② single people over 20

Consultation fee: free / Member registration: anytime

How to apply for membership: Bring or mail to us an application form, consent form and resume on the city website and a copy of ID (including ID photo)

* A matchmaking support website "Numazuno Deai Oen Ka" provides useful information about "Enmusubi Tai," matchmaking events the city produces. Please check it out.

Applications: Policy Planning Division, City Hall, zip: 410-8601

Information from Health Center

Applications and Inquiries: Health Promotion Division (Health Center) ☎ 055-951-3480

*Why don't you have a consultation for stress?

You can prevent your mental disease from worsening by finding it early. A clinical psychotherapist will provide consultations.

When: Feb. 3(Wed), Mar. 2(Wed), 13:30 – 16:30(for an hour per person)

Where: Health Center, health guidance room

Applicant: A person of 18 years and older, who is having mental issues (a person who doesn't go to a hospital) or his/her family members.

Capacity: 3 persons for each day

How to apply: By phone from Jan. 22(Fri), 8:30 -



*Weekend Service for the Delivery of Vaccination Tickets

When: Feb. 6 (Sat), 8:30 ~ 12:00 / Where: Health Center

Contents: Providing vaccination tickets. You can also consult for general things about vaccination.

Things to bring: Boshitecho (Mother and child health handbook), only for a child

*Health Check

If you are worried about your bone density and body composition, make use of it. Consultation for health is also available.

When: 9:00 ~ 16:15 weekdays / Where: Health Center

Contents	Applicants	
Bone density measurement	A person aged 20 and over living in Numazu and	A person who hasn't taken the check within the past one year
Body composition measurement		A person who hasn't taken the check in the past 6 months, and not having a cardiac pace maker
Carbon monoxide concentration measurement		A person who smokes

Things to bring: Kenkotecho (Health book) if you have

How to apply: By phone (a reservation is needed)

Free Events

New Year Lecture

Inquiries: Numazu HojinKai (Numazu Corporation Association) ☎055-925-7755

When: Feb. 10(Wed) 16:00-17:30 / Where: Numazu Riverside Hotel

Lecturer: Isoda michifumi, a professor of Shizuoka University of Art and Culture.

Theme: “Telling history in Numazu, a center of the East” / How to apply: by phone

Festival of Numazu Information and Business College

Inquiries: Numazu Information and Business College ☎055-924-1551

When: Feb.13th (Sat) 10:00-16:00

Where: Numazu Information and Business College

Contents: exhibition, concert, food booth, bakery booth

*No parking lots. Please use the school buses from Numazu Station north exit.

Exhibition and Experience of Numazu Industrial High School Architecture Course

Inquiries: Numazu Industrial High School, Watanabe-san ☎055-931-0343

When: Feb.13th (Sat) 10:00-15:30 / Where: Plaza Verde Citizen Salon

Applicants: Students of elementary and junior high school, and their parents

Contents: exhibition of works, experience of making tools or making architecture model (capacity 20 people), experience of house residential design or survey

Lecture “Bilestone and Choledocholith” by Shizuoka Medical Center

Inquiries: Shizuoka Medical Center Local Healthcare office ☎055-975-2000

When: Jan.27th (Wed) 18:00-19:00 / Where: Shizuoka medical Center (Shimizu Town)

Lecturer: Dr. Yoshifumi Onishi *No reservation is needed

February: Go out to *Machinaka* (downtown) and enjoy various events! =Information Center for Events in *Machinaka*

☺**Nakamise Shopping Mall**☺

Feb. 2 (Tue) : *Setsubun* a traditional event for the end of winter

☀ There is a game event in front of Marusan bookstore. If you hit at an ogre mask, you'll win a small gift.

▶Time: 10:00 ~ (The event will end as soon as the gift stock has run out)

▶☎055-963-2580 (*Nakamise Shopping Mall*)



Feb. 21 (Sun) is a day when you can enjoy various sweet events!

☺ **Chuo Koen Park** ☺

Numazu Sweets Run

* You can enjoy both sweets and running at the same time!

▶ ☎ 055-963-2580 (*Nakamise Shopping Mall*)

☺ **Ekimae Nigiwai Hiroba (a square in front of Numazu Station)** ☺

Numazu Sweets Festa

* You can buy Numazu famous sweets and learn how to make sweets.

▶ Time: 10:00 ~14:00 ▶ ☎ 055-952-3222 (N- Ste)

* Please check the details about the applications on the former pages of this newsletter)

* Website: <http://n-sta.com>

The 30th anniversary of sister city relationship:

Numazu official visiting group and citizen group Visited Yueyang City in China

Numazu official visiting group headed by the mayor of Numazu Mr. Kurihara, and a citizen group of 37 people visited Yueyang City in China and celebrated the 30th anniversary of sister city relationship. After planting a tree in a famous park in Yueyang City, we were invited to several memorial events and warmly welcomed by Yueyang citizens.

At the message board on City Hall 1F, photographs of the official visits to Yueyang City are being exhibited until Jan. 29 (Fri).

Inquiries: Civic Collaboration Division, ☎ 055-934-4717

