

September 2019 Newsletter

★ From October 1st, preschool education and childcare will be "free of charge"!

*There are some upper limits.

- Children from 3 to 5 years old who attends kindergarten, nursery school, certified center for early childhood education and care and others can be free from school charges.
- Children from 0 to 2 years old and getting a citizens' tax-exempt household can be free from school charges.
- © Target institution and business
- Kindergarten, nursery school, certified center for early childhood education and care, regional nursery business and corporate initiative nursery business
- ◆ Children who go to these children facilities with disabilities. Children from 3 to 5 years old can be free of school charges.
- ◆Children who use kindergarten's extended-hours childcare.
 - Those who take the free of charge service still needs to be approved "authorized in necessary of nursery". As a principle, application is done through kindergarten that children attend, but authorization is necessary for nurseries (requirement is same as approval of going to authorized nursery), so please contact childcare support division.
- ◆Children who go to other than authorized nursery school

 Target for free of charge will still need to be approved for "authorized in necessary of nursery".
- ©Target of institution and business
- Unauthorized nursery business, temporary taking care business, sick child day care, family support center business
- Cost of going to kindergarten, food cost, cost event and others are excluded in free of charge.
- For details, please check the website of institution that children go to, child support division, Numazu childcare portal site.
- Application and contact: 2055-931-0120 Child Support division

★ There will be special helpdesk for receiving of My Number (National identification Number) card

- What: For people who cannot receive *My number* card during usual reception hours, the helpdesk will be opened (Need application, about 20 minutes per person).
- When: September 7th(Sat), October 6th (Sun), both days from 9:00 am to 1:00 pm
- Where: City Hall 1st floor Community Service Section
- Target: People who applied for My-number card and received the postcard for notification.
- Capacity: About 30 people for each day
- **Application:** Please feel free to contact us for further information.
- Contact: ☎055-934-4721 Community Service Section (Reception Division)

☆ Please connect to the public sewer

- What: Due to the drainage system laws in Numazu city, please connect the sewer during the following time periods where the sewer has been maintained.
 - Connection to the sewer: within 6 months
 - Pumped water should be reformed to flush toilet and connect to the sewer: within 3 years
- Contact: 2055-934-4856 Water supply service division (Water supply and drainage service team)

★ Health Center Information

September 9th is the "Day of Ambulance"

- On-duty doctors and the Night Emergency Health Center is a system to provide first aid for those who
 needed emergencies during the night. Trouble will cause if people will come with non-urgent or not
 immediate health issues.
- Please use Family doctor and Children's Emergency Call and others to reduce visitors with non-urgent or not immediate issues.

Please apply for the health care for premature child.

- What: This is a system that provides medical fee provided by the government (only medical treatment that is
 covered by insurance) for children who are born with immature physical development and are hospitalized.
 Please apply if you received recommendations from the designed medical institution.
- Target: Living in Numazu city and recommendation in writing from a designed medical institution
- Things needed: Healthcare recommendation, document that proves an amount of income tax for all household, health insurance card (of child), child medical fee recipient card, seal
- How to apply: Bring the necessary documents within a month after the child is born.
- Contact: ☎055-951-3480 Health Promotion division (Health Center)

Medical check-up for students who will enter school in 2020

• **Detail:** We will send an official letter of the child's health examination to the families with children who will enter an elementary school in April 2020 until later September.

XPlease contact us if you did not receive the official letter.

October	School	Date	School	
4 th (Fri)	Fourth elementary school	31th (Thu)	Fifth elementary school	
7 th (Mon)	Ohira elementary school	November		
8 th (Tue)	Kadoike elementary school, The First elementary school	1 st (Fri)	Ooka elementary school	
10 th (Thu)	Ashitaka elementary school	7 th (Thu)	Kaihoku elementary school	
15 th (Tue)	Katahama elementary school	13th (Wed)	Hara elementary school	
16 th (Wed)	Harahigashi elementary school, Heda elementary school	14th (Thu)	The Third elementary school	
17 th (Thu)	Kanuki elementary school	18th (Mon)	Sawada elementary school	
23 rd (Wed)	The second elementary school, Senbon elementary school	19th (Tue)	Ookaminami elementary school	
28 th (Mon)	Imazawa elementary school	20th (Wed)	Shizuura elementary school	
30 th (Wed)	Uchiura elementary school, Nishiura elementary school	27th (Wed)	Kanaoka elementary school, Ukishima elementary school	

• Contact: \$\overline{C}\$ 055-934-4808 School Education Division

Grant of mother and child health handbook

- **Details:** Mother and child health handbook is important notebook since the progress during pregnancy, situation at birth, growth of children and vaccination will be recorded. When you notice that you are pregnant, get the pregnancy notification document at medical institution and bring it to the health center.
- When: Work weekdays 8:30am 4:45pm
- Contact: **2055-951-3480** Health promotion division

★ City tax night payment consultation

When: 9/13 (Fri), 9/24 (Tues), 10/2(Wed), 5:15 pm - 7:00 pm

Where: City Hall 2nd floor Tax Payment Management Division

• Contact: 2055-934-4732. Tax Payment Management Division

★ September 30 (Mon) is the due date of the payment of the 3rd National Health Insurance

Please have the payment ready on or before the due date.

• When (Night-time counter): 9/13(Fri), 9/24(Tue), 10/2(Wed); 5:15pm - 7:00pm

When (Holiday time counter): 9/29(Sun); 9:00 am - 12:00pm

• Where: City Hall 1st floor National Health Insurance Division

Contact: ☎055-934-4727 National Health Insurance Division

☆ Issuance of New National Health insurance card

- **Details:** The new insurance card (green) will be mailed before the end of September. Please bring the new insurance card beginning October 1st.
- * The expiration date will change from the end of September to the end of July. Please look at the instructions attached for details.
- Contact: ☎055-934-4725 National Health Insurance Division (Payment Unit)

☆ Consultation on night- time payment for water bill

• When: September 10th (Tue) 5:15pm - 8:00 pm

• Where: Water supply department building first floor water service division

Contact: ☎055-934-4853 Water service division (Fee unit)

★ Don't forget to have Specific Health Check-ups

- **Details:** Let's take a medical checkup and know your health condition. During the examination period, you can get a checkup for free or cheaper than usual by bringing the examination tickets.
- Examination Period: until Oct. 31st (Thu)
- Applicants:
 - 1. Those aged 40 and older who have National Health Insurance card
 - 2. Those aged 75 and older who have National Health Insurance card
- What to bring: Examination tickets, National Health Insurance card
- Fee: 1. 800 yen for those aged 40 and older; 2. free those aged 75 and older
 - *We sent the examination tickets last July. If you do not have examination tickets, please contact the Health Promotion Division.
 - *Those aged 40 and older who have other health insurance, please check with the health insurance.
- Contact: 2055-951-3480 Health Promotion Division

☆ Mobile Tuberculosis X-ray Exams service

- Check- up for tuberculous is important for you, your family and the people around you. Truck with X-ray instrument will move around the city between September 17th to 20th. Check the location of the free check-up in table below. You are allowed to receive the service at any place.
- Applicants: those aged 40 and older who live in Numazu
 - X You can receive a lung cancer examination by paying a certain fee.

*Please take note that for the X-ray, you should wear clothes with no buttons, logos (printed or embroidered), no metal objects.

Date	Time	Place	Date	Time	Place
9/17	9:30~10:00	Kadoike Chiku Center	9/19	9:30~11:00	Hara Chiku Center
	10:50~11:10	Daisan Chiku Center		11:30~11:45	Ukishima Chiku Center
	11:40~12:00	Ohira Chiku Center		13:00~13:30	Ashitaka Chiku Center
9/18	9:30~9:50	Nishiura Chiku Center		13:50~14:20	Imazawa Chiku Center
	10:20~10:40	Uchiura Chiku Center		14:40~15:10	Katahama Chiku Center
	11:10~11:40	Shizuura Chiku Center		9:30~10:30	Ooka Chiku Center
	13:00~14:20	Sun Well Numazu	9/20	11:10~11:40	Kanaoka Chiku Center
				13:00~15:00	Hoken Center

• Contact: T 055-951-3480 Health Promotion Division

DISCLAIMER: The English version is a translation of the original newsletters in Japanese. While reasonable efforts are made to provide accurate translations, there might be some discrepancy. We encourage you to please report if you find any inaccuracy or translation error.

Translated by Gyoshu High School Students