



# JULY 2025 NEWSLETTER



✧ We will be selling T-shirts for the upcoming Summer Festival - and this year, size 3L is available! ✧

Let's wear the limited edition T-shirt to the 78th Numazu Summer Festival and Kano River Fireworks Display on July 26 (Sat) and 27 (Sun), and help make the festival a great success!

## Numazu Summer Festival T-shirts will be available soon!

The Numazu Summer Festival T-shirts are back again this year! This year's T-shirt design features a simple black base with illustrations of Onaribashi Bridge, a mikoshi (portable shrine), fireworks, *Taiko* (drums), the *Nagashi Odori* and other festival elements in the center. These T-Shirts are perfect for everyone - young or old, male or female!

**Price:** 1,500 yen

**Color • Fabric:** Black • Dry material

**Size:** S-size 100 sets, M-size 350 sets, L-size 700 sets, LL-size 300 sets, 3L-size 50 sets

**Start of sales:** July 1 (Tuesday)

**Places to purchase:** Numazu Chamber of Commerce and Industry, Numazu Tourism Association (2F of Numazu Station), Sannoura General Information Office, Heda Tourist Information Centre, Numazu City Hall 2F Public Relations Division

\*Sales will end once all T-shirts are sold out. \*Limit of up to four T-Shirts per person.

\*Please bring your own bag for carrying your purchase.

\*For more information, please visit the city website.

- **Contact:** ☎055-934-4703 Numazu Summer Festival Executive Committee, Public Relations Department

## ✧ Be aware of the food poisoning! ✧

Let's keep the following three principles to prevent food poisoning; "Do not spread, Do not allow to multiply, Destroy".

1. Do not spread bacteria  
Thoroughly wash food, cooking utensils, fingers, etc.
2. Do not allow bacteria to multiply  
Do not leave food at room temperature and put them in the refrigerator to keep them under 10 °C.
3. Destroy bacteria  
Thoroughly heating of food and sterilization of cooking utensils.

Vomiting and diarrhea due to food poisoning are the body's defense reactions. Get medical attention as soon as possible without taking over-the-counter medicines.

- **Contact:** ☎055-951-3480 Health Promote Division (*Kenko Zukuri-ka*)/Health Centre (*Hoken Centre*)

## ✧ Subsidies for Re-Administered Vaccinations due to Childhood Cancer Treatment. ✧

Partial subsidies are available for those who need to be re-vaccinated due to bone marrow transplant surgery or other special circumstances where previously administered routine vaccinations are no longer effective.

If applicable, please consult with us before re-vaccinating.

- **Eligibility:** Residents of the city who have been determined by a doctor to be unable to expect the benefits of routine vaccinations that they have already received due to bone marrow transplant surgery, etc. Individuals must have received routine vaccinations at the legally stipulated intervals and frequencies.
- **Eligible vaccination:** Vaccinations against Class A diseases as defined in the Immunization Law, to be administered before the child reaches 18 years of age.

\*There are age restrictions for the following vaccinations; DTP-IPV-Hib, DPT-IPV, BCG, Hib, and streptococcus pneumoniae immunization.

\*For more information, please visit the website.

- **Contact:** ☎ 055-951-3480 Health Promote Division (*Kenko Zukuri-ka*)



Child rearing portal site

## ✧ Please use the "Special Payment System for students" for National Pension premiums ✧

- **What:** For students who have difficulty paying their National Pension premiums, the "Special Payment System for students" has been established to postpone the payment of premiums. Please take advantage of this system in preparation for receiving pension benefits in the future.
- **Eligibility:** Students who have earned 1,280,000 yen or less in the previous year.
- **Required Documents:** Pension book or basic pension number notification, a copy of your student ID (front and back) or certificate of enrollment (original) that shows the period of enrollment, and ID of the person coming for the procedure (driver's license, etc.).
- **How to apply:** In person at the Citizens' Division on the 1st floor of City Hall or at each satellite Office by the individual or household member

\*Applications are required each fiscal year.

\*Applications can be made retroactively up to the month two years and one month prior to the time of application.

\*Please contact us for more details.

- **Apply/Contact:** ☎ 055-934-4724 Citizens' Division (*Shimin-ka*)



## ✧ Support for Household Flood Prevention Measures (Subsidies for Rainwater Infiltration and Storage Facility Installation). ✧

To help reduce flooding damage during heavy rainfall, subsidies are available for the installation of rainwater infiltration canisters and rainwater storage tanks. These systems help to control rainwater runoff from households.

	Subsidy Details
Rainwater infiltration facility Type A	Up to the actual installation cost or 100,000 yen, whichever is less.
Rainwater infiltration facility Type B	Up to the actual installation cost or 50,000 yen, whichever is less.
Rainwater harvesting facilities (total volume of at least 200 liters).	Up to the actual installation cost or 30,000 yen, whichever is less.

- **Eligible Area** Numakawa River, Takahashi River Basin and Ohira area

\*Application must be submitted before construction starts.

\*For more details on applications, areas, etc., please contact us or visit the city website.

- **Contact/Apply:** ☎ 055-934-4786 Rivers Division (*Kasen-ka*)

## ✧ Health checkup by *Kyokai Kenpo* the association of health insurance ✧

- **What:** *Kyokai Kenpo* (Japan Health Insurance Association) subsidizes the expense for the health checkup once a year. Please confirm the notice of each health checkup that was sent to the company or the insured person by early April. Let's take a health checkup for our future health.

Contents	Target
Lifestyle disease prevention checkup	Age of 35 - 74, insured persons themselves
Specific health checkup	Age of 40 - 74, dependents (family)

\*Consultation taken by March 31, Reiwa 8 is subject to this subsidy.

- **Contact:** ☎ 054-275-6605 Association of Kenpo Shizuoka branch health group (*Kyokai Kenpo*) / ☎ 055-934-4725 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

## ✧ July 1, Reiwa 7 is the 102nd Municipal Founding Day ✧

In connection with the Municipal Founding Day, we will distribute free tickets for city facilities. Why don't you take this opportunity to visit these facilities? \* For a free ticket, please cut out the ticket from the **Japanese version** of the Numazu City Newsletter issued on July 1. \* One time use only. \*The ticket cannot be copied and used. \*Facilities that are closed on Mondays will be open if Monday is a national holiday and closed the following day, and there may also be temporary closures.

**For inquiries, please contact each facility.**

<b>Numazuko Tembo Suimon View-O</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Holiday: —, Closed at 14:00 on Thursdays ☎ 055-963-3200	<b>Numazu Goyotei Kinen Koen</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket * West Annex House admission fee is charged Holiday: — ☎ 055-931-0005	<b>Mon Musee Numazu</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Closed: Mondays and the next day of national holidays. ☎ 055-952-8711
<b>Serizawa Koujiro Kinenkan</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Closed: Mondays and the next day of national holidays ☎ 055-932-0255	<b>Wakayama Bokusui Kinenkan</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Closed: Mondays and the next day of national holidays. ☎ 055-962-0424	<b>Heda Zosen Kyodo Shiryo Hakubutsukan</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Closed: Wednesdays and the next day of national holidays ☎ 0558-94-2384
<b>Heda Matsushiro-ke Jutaku</b> Expiration date: the end of August, Reiwa 7 * Available for up to 4 people per ticket Closed: Wednesdays ☎ 0558-94-3115		

- **Contact:** ☎ 055-934-4712 General Affairs Division (*Somu-ka*)

## ✧ New “Video reporting Function” begins Tuesday, July 1. ✧

The Sunto Izu Fire Department will launch a “video reporting function” to improve the speed and accuracy of emergency response.

The new system allows real time video communication between the caller and



the fire command center during a 119 emergency call, using the caller's smartphone. It helps command staff more accurately identify the location and assess the situation of disaster, enabling quicker firefighting and emergency response activities. In addition, the system can support appropriate first aid guidance by transmitting instructional videos, such as CPR, from the fire command center to the caller.

We ask for your understanding and cooperation that during a 119 call, command staff may request video transmission if they deem it necessary.

\*Data and communication charges for video transmission are the caller's responsibility.

\*For more details, please visit the website.



Home Page

- **Contact:** ☎055-927-0119 Sunto Izu Fire Department Communication Command Division

## ✧ Renewed! Numazu City Official LINE ✧

The city provides useful information for the citizens through its official LINE account. If you have not yet followed, take this opportunity to do so and utilize it.

### Select the information to receive!

Choose the type of information you want to receive, so that you will only receive the information that is relevant or interesting for you.

※ Urgent notifications, such as disaster information, will be sent to everybody regardless of the setting.

How to follow

- ① Search for the ID under "Add friend" or scan the QR code  
LINE ID : @numazu\_city



- ② Message Settings

From the Life Menu, select "Message Settings"



Answer birth month and gender



Select all the types of information you want to receive



Click "Send (回答)"



### Easily access the information you need from the menu bar!

The menu bar has been redesigned to make it easier to access a wider range of information.



💡 Tap the box at the top of the menu to switch menus.

### Report damage in roads and parks using LINE !

You can send photos and locations from the "Road damage • Park facility malfunction reporting desk" in the Life menu.

\*This applies only to roads and parks managed by the city.

\*In case of an emergency, contact the appropriate department directly.

Contact :

Road Management Division (*Doro Kanri-ka*)

☎055-934-4788

Greens and Parks Division (*Ryokuchi Koen-ka*)

☎055-934-4795

- **Contact:** ☎055-934-4839 Public Relations Division (*Koho-ka*)

## ✧ 2025 NICE Japanese Speech Contest ✧

Would you like to present your thoughts, in Japanese?

- **When:** November 8 (Sat), 14:00 – 16:30
- **Where:** City Library, audiovisual hall
- **Theme:** Free (Duration of at least 4 and no more than 5 minutes. Original and unpublished)
- **Who:** Foreigners aged 15 and over who live in the East area of Shizuoka or commute to work or school (except junior high school students)
- **Capacity:** 15 people (by selection if there are too many applicants)
- **Application:** By September 25 (Thu), in person, by mail or fax. An application form can be found at the Regional Autonomy Division on the second floor of the city hall.

※Awards will be given to the first three places and all contestants will receive a participation prize.

- **Apply/Contact:** ☎ 055-934-4717 / Fax: 055-931-2606 Numazu Association for International Communications and Exchanges (NICE) office at City Hall (*Chiiki Jichi-ka*)



## ✧ Check your health with a health checkup. Health Center information ✧

To maintain your health, it is important to understand your own body. Regular medical checkups and vaccinations are key to monitoring your health.

### Have you already made an appointment? Let's take a Numazu City Health Checkup!

In early June, "Numazu City Health Checkup Coupons" were sent to women aged 20 or over and men aged 35 or over who live in the city. If you need a reissue due to loss or other reasons, please contact the Health Center.

The health checkup will be carried out until October 31. Since medical facilities are very crowded during the latter half of the checkup period, we recommend that you visit the medical institutions as early as possible.

\* For more details, please refer to the "Guide to the Specific Health Checkup and Cancer checkup/特定健診・がん検診のご案内" distributed with the Japanese version of the June 1 issue of the Numazu Newsletter or visit the city website.



### Free coupons for cervical and breast cancer checkup

We have sent out coupons for free health checkup to the following people. Take this opportunity to get a health checkup.

#### ◆Cervical cancer check (neck only)

- **Who:** Women 21 years old. (born between April 2, 2004 and April 1, 2005)

#### ◆Breast cancer check

- **Who:** Women 41 years old. (born between April 2, 1984 and April 1, 1985)

### Take an examination for the hepatitis virus

From July 28 to August 3 is "Liver Week", and July 28 is "Japan Hepatitis Day". Hepatitis is transmitted by virus through blood transfusions, sharing tattoo needles, food, etc. Because symptom are rarely noticeable, early detection and treatment can help prevent the condition from worsening and lead to a complete recovery. Take this opportunity to get checked.

- **Who:** People over 40 who have never taken the city's hepatitis examination.

\* People ages 41, 46, 51, 56, 61 in Reiwa 7 fiscal year can take the examination for free.

### Check your Ora Health ! Periodontal disease check-up

Periodontal disease is the number one cause of tooth loss. Because there aren't noticeable symptoms, there are many cases where treatment is being delayed. Prevention requires daily care and regular checkups. Take this opportunity to check your oral health.



Date	Time	Place
7/23 (Wed)	9:00~11:15、 13:00~15:15	Health Center (Hoken Center)
7/24 (Thu)		
7/25 (Fri)		
7/28 (Mon)	9:15~11:15、 13:00~15:15	Sunwell-Numazu Multipurpose hall
7/29 (Tue)		
7/30 (Wed)		
8/23 (Sat)	9:00~11:15、 13:00~15:15	Health Center (Hoken Center)
9/13 (Sat)		
10/24 (Fri)		
10/25 (Sat)		
11/22 (Sat)		
12/13(Sat)		

- **What:** Periodontal disease checkup (periodontal pocket measurement, etc.), checkup for cavities
- **Who:** For residents of Numazu city who are 20 years old or above

\*Please come directly to the venue on the day.



### Holiday window for issuing routine vaccination tickets etc.

- **What:** For those who have lost the vaccination ticket or moved into Numazu and do not have a vaccination ticket, and cannot complete the procedure on weekdays, a window on the weekend will be opened. Please come directly to the window.
- **When:** July 12 (Sat), 8:30 - 12:00



- **Where:** Health Center (*Hoken Centre*)
- **About:** Routine vaccination tickets for children and adults will be issued, and consultation about vaccinations is available.
- **Things to bring:** Children (including HPV catch-up vaccination): Maternal and Child Health Handbook (*Boshi Techo*), applicant's identification (MyNumber etc.); Adult: Applicant's ID

◇ **Make sure you get your vaccinations within their expiration date.**

Vaccination tickets are sent to those who are eligible for each vaccination. Please check the expiration date before getting vaccinated.

- **Contact:** ☎ 055-951-3480 Health Promotion Division (*Kenko Zukuri-ka*)

## ✂ Prevent River Accident ✂

July 7th is River Day, and July is River Protection Month. Let's protect our beautiful rivers, and become familiar with them. Rivers have numerous dangers, such as sudden rising water. Prevent accidents with proper preparations.

◇ **Points of preparation when playing in the river**

- Check the weather beforehand
- Check nearby warning signs
- Don't forget a life jacket
- **Contact:** ☎ 055-934-4786 River Division (*Kasen-ka*)

## ✂ Temporary closure of Heda B & G Ocean Centre Swimming Pool ✂

- **What:** Swimming pool in Heda B & G Ocean Centre will be closed during the following period due to water change and cleaning.
- **When:** July 8 (Tue) - July 13 (Sun)
- **Contact:** ☎ 0558-94-3501 Heda B & G Ocean Centre (*Heda B & G Kaiyo Centre*)

## ✂ Convenience store issuance service suspension ✂

- **What:** Due to system maintenance, issuance services at convenience stores for resident certificate (*Juminhyo*) etc. will be suspended all day.
- **When:** July 16 (Wed) – All certificates cannot be issued.
- **Contact:** ☎ 055-934-4720 Citizens' Division (*Shimin-ka*)

## ✂ Meiji Museum (*Meiji Shiryō-kan*) temporary closure ✂

- **What:** The museum will be closed for renovations.
- **When:** July 21 (Mon) – February 28 (Sat), 2026

\*Please contact us for information about viewing materials or *Demae Koza*/出前講座

- **Contact:** ☎ 055-923-3335 Meiji Museum (*Meiji Shiryō-kan*)

## ✂ Holiday/Nighttime consultation for payment of water bills ✂

- **When:** July 5 (Sat), 9:00 – 12:00
- **Where:** Water Service Division, 1st floor, Water Works Department Building
- **Contact:** ☎ 055-934-4853 Water Service Division (*Suido Service-ka*)



## ✧ Please Cooperate with Waste Separation and Reduction ✧

To reduce and recycle waste, we collect waste separated. Please separate your garbage and take it to the designated collection point by 8 am on the designated day.

By using the garbage sorting application “San-arū”, you can check both the “Garbage Sorting and Reduction Guidebook” and the “Annual Garbage Collection Plan Chart”, as well as view collection dates in a calendar format. It also has a function that notifies you of collection dates, so please take advantage of it.



App Store



Google Play

Data charges may apply.

### Burnable garbage

Food scraps, used tissue paper, items requiring sanitary disposal, etc.

### Plastic Containers and Packaging

Plastic/vinyl containers and packaging. marked with!



### Resource Collection Day

Cans, bottles, metals, paper, dry cell batteries, lighters, plastic bottles, etc.

### Landfill Waste Day

Ceramics, glass, rubber products, wood products, plastic products, leather products, etc.



Spontaneous combustion and smoking problems are occurring! Please dispose of rechargeable batteries, lighters, electronic cigarettes, etc., which may be a hazard, in the yellow collection containers on "Resource Collection Day!"

### Let's Work on Reducing the Amount of Garbage!

The total amount of garbage generated in 2024 was 52,016 tons, which is equivalent to 772 grams per person per day. Please help us reduce this amount by practicing the 3Rs (Reduce, Reuse, Recycle), for example draining food scraps and using your own bags, water bottles, reusable spoons, etc.

- **Contact:** ☎055-933-0711 Clean Center Management Division (*Clean Center Kanri-ka*)



**DISCLAIMER:** The English version is a translation of the original Japanese newsletters. Articles are translated according to the needs of foreigners, therefore, not all articles are translated. While reasonable efforts are made to provide accurate translations, there might be some discrepancy. We encourage you to report if you find any inaccuracy or translation error.

Translation in part by Gyoshu High School Students